Salad, Large Green

Nutrition Facts

ALLERGENS

Milk

Serving Size: Each

Amount Per Serving

Calories: 164 Calories from Fat: 69

Total Fat: 7.7g Saturated Fat: 5.3g Trans Fat: 0.00 **Cholesterol: 26mg** Sodium: 427mg **Total Carbohydrate:** 6.2g Dietary Fiber: 3.0g Sugars: .0g **Protein:** 17.4g

Vitamin A: 12,560RE Vitamin C: 5.6mg Calcium: 503.5mg Iron: 2.1mg

The accuracy of the information shown above is based on data obtained from food manufacturers, food distributors, product packaging, and the USDA Child Nutrition database. Ingredients and menu items are subject to change or substitution. Please consult your own physician or medical professional for assistance with your specific medical or dietary situation.

Ingredients

Cheese, Cheddar Shredded Red Fat OH p [990125]

Cheese, Mozzarella Sticks Sysco (mfg label): PASTEURIZED PART-SKIM MILK, CHEESE CULTURES, SALT, ENZYMES, VITAMIN A PALMITATE. CONTAINS: MILK [900109]

Lettuce, Romaine (mfg label): ROMAINE LETTUCE [903212]