

Mini Eggo Waffles w/ Turkey Sausage Links

Nutrition Facts

Serving Size: Each

ALLERGENS

Eggs, Milk, Soy, Wheat

Amount Per Serving

Calories: 317

Calories from Fat: 124

Total Fat: 13.8g

Saturated Fat: 3.5g

Trans Fat: 0.00

Cholesterol: 59mg

Sodium: 415mg

Total Carbohydrate: 35.0g

Dietary Fiber: 4.0g

Protein: 15.7g

Vitamin A: 500RE

Vitamin C: .0mg

Calcium: 139.0mg

Iron: 3.4mg

The accuracy of the information shown above is based on data obtained from food manufacturers, food distributors, product packaging, and the USDA Child Nutrition database. Ingredients and menu items are subject to change or substitution. Please consult your own physician or medical professional for assistance with your specific medical or dietary situation.

Ingredients

Sausage Link, Turkey Pre-Cooked Jenni- (mfg label): TURKEY, SEASONING (SALT, SPICES, SUGAR, DEXTROSE, SPICE EXTRACT, BHA, PROPYL GALLATE, CITRIC ACID), CARAMEL COLOR. [903235]

Waffles, Mini Eggo, Maple (mfg label): WHOLE WHEAT FLOUR, WATER, SUGAR, EGG WHITES, VEGETABLE OIL (SOYBEAN, PALM, AND/OR CANOLA OIL), CONTAINS 2% OR LESS OF LEAVENING (BAKING SODA, SODIUM ALUMINUM PHOSPHATE, MONOCALCIUM PHOSPHATE), MOLASSES, SOY LECITHIN, MALTODEXTRIN, NATURAL FLAVORS, WHEY, SALT, MODIFIED CORN STARCH. VITAMINS AND MINERALS: CALCIUM CARBONATE, VITAMIN A PALMITATE, REDUCED IRON, NIACINAMIDE, VITAMIN B12, VITAMIN B6 (PYRIDOXINE HYDROCHLORIDE), VITAMIN B1 (THIAMIN HYDROCHLORIDE), VITAMIN B2 (RIBOFLAVIN). CONTAINS WHEAT, EGG, SOY AND MILK [903303]

