Heart Shaped Cookie			
Nutrition Serving Size:		<b>ALLERGE</b> Eggs, Milk,	
Amount Per Serving			
Calories: 120		Calories from Fat: 36	
	Total Fat: Saturated Fat: Trans Fat: Cholesterol: Sodium: Total Carbohydrate: Dietary Fiber: Protein:	4.0g 1.0g 0.00 5mg 50mg 19.0g 2.0g 1.0g	
Vitamin A: 30RE	Vitamin C: .0mg	Calcium: .0mg	Iron: .4mg

The accuracy of the information shown above is based on data obtained from food manufacturers, food distributors, product packaging, and the USDA Child Nutrition database. Ingredients and menu items are subject to change or substitution. Please consult your own physician or medical professional for assistance with your specific medical or dietary situation.

## **Ingredients**

Cookie, Valentine Heart WG IW 160/.95 o (mfg label): WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MARGARINE (CANOLA OIL, PALM AND PALM KERNEL OILS, WATER, SALT, MILK SOLIDS, SOYA LECITHIN, POTASSIUM SORBATE, NATURAL FLAVOR), SUGAR, CORN STARCH, INVERT SUGAR, SHORT CHAIN FRUCTAN (FIBER), MODIFIED WHEAT STARCH, DRIED WHOLE EGGS, NATURAL FLAVOR, LEAVENING(BAKING POWDER, AMMONIUM BICARBONATE). NATURAL COLORS CONTAINS: WHEAT, EGGS, MILK [903455]