Cincinnati Chili, Spaghetti			
Nutrition Serving Size:		ALLERGE Wheat	<u>ENS</u>
Amount Per Serving			
Calories: 300		Calories from Fat: 14	
	Total Fat:	1.5g	
	Saturated Fat:	.0g	
	Trans Fat:	0.00	
Cholesterol:		0mg	
Sodium:		0mg	
	Total Carbohydrate:	60.0g	
	Dietary Fiber:	4.5g	
Protein:		10.5g	

Vitamin A: 0RE Vitamin C: .0mg Calcium: .0mg Iron: 2.7mg

Ingredients

Spaghetti, Cooked WG Zerega (mfg label): WHOLE DURUM WHEAT FLOUR, SEMOLINA (WHEAT), NIACIN, IRON (FERROUS SULFATE), THIAMIN MONONITRATE, RIBOFLAVIN, AND FOLIC ACID. CONTAINS: WHEAT [903263]

The accuracy of the information shown above is based on data obtained from food manufacturers, food distributors, product packaging, and the USDA Child Nutrition database. Ingredients and menu items are subject to change or substitution. Please consult your own physician or medical professional for assistance with your specific medical or dietary situation.