

Cheez-It Crackers, Atomic Cheddar

Nutrition Facts

Serving Size: Each

ALLERGENS

Milk, Soy, Wheat

Amount Per Serving

Calories: 100

Calories from Fat: 32

Total Fat:	3.5g
Saturated Fat:	1.0g
Trans Fat:	0.00
Cholesterol:	0mg
Sodium:	200mg
Total Carbohydrate:	14.0g
Dietary Fiber:	1.0g
Protein:	2.0g

Vitamin A: 500RE

Vitamin C: .0mg

Calcium: 100.0mg

Iron: .7mg

The accuracy of the information shown above is based on data obtained from food manufacturers, food distributors, product packaging, and the USDA Child Nutrition database. Ingredients and menu items are subject to change or substitution. Please consult your own physician or medical professional for assistance with your specific medical or dietary situation.

Ingredients

Cheez-It Crackers Atomic .75 oz (mfg label): WHOLE WHEAT FLOUR, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, VITAMIN B1 [THIAMIN MONONITRATE], VITAMIN B2 [RIBOFLAVIN], FOLIC ACID), SOYBEAN OIL WITH TBHQ FOR FRESHNESS, WHITE CHEDDAR CHEESE (MILK, CHEESE CULTURES, SALT, ENZYMES), SALT, CONTAINS TWO PERCENT OR LESS OF LEAVENING (CALCIUM CARBONATE, DICALCIUM PHOSPHATE, CALCIUM SULFATE, MONOCALCIUM PHOSPHATE, BAKING SODA), RED PEPPER, DEXTROSE, TORULA YEAST, MALTODEXTRIN, ONION POWDER, PAPRIKA, TOMATO POWDER, YEAST, MODIFIED CORN STARCH, NATURAL AND ARTIFICIAL FLAVORS, SODIUM DIACETATE, GARLIC POWDER, PEPPER SAUCE (JALAPENO PEPPERS, WATER, DISTILLED VINEGAR, SALT, CORN STARCH), PAPRIKA OLEORESIN FOR COLOR, SPICES, CITRIC ACID, VINEGAR SOLIDS, CALCIUM STEARATE, TURMERIC EXTRACT FOR COLOR, VITAMIN A PALMITATE, PAPRIKA EXTRACT, ANNATTO EXTRACT FOR COLOR, DISODIUM GUANYLATE, DISODIUM INOSINATE, CORNSTARCH, SOY LECITHIN. CONTAINS: MILK, WHEAT AND SOY [903408]

