Carrots, Baby
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Nutrition Facts
Serving Size: 1/2 Cup

Amount Per Serving

Calories: 28 Calories from Fat: 1

**Total Fat:** .1g Saturated Fat: .0g Trans Fat: 0.00 **Cholesterol:** 0mg Sodium: 62mg **Total Carbohydrate:** 6.6g Dietary Fiber: 2.3g **Protein:** .5g

Vitamin A: 11,032RE Vitamin C: 2.1mg Calcium: 25.6mg Iron: .7mg

The accuracy of the information shown above is based on data obtained from food manufacturers, food distributors, product packaging, and the USDA Child Nutrition database. Ingredients and menu items are subject to change or substitution. Please consult your own physician or medical professional for assistance with your specific medical or dietary situation.

## **Ingredients**

CARROTS, BABY, RAW (mfg label): CARROTS [011960]