

Breakfast Sandwich, Fiesta Egg & Cheese

Nutrition Facts

Serving Size: Each

ALLERGENS

Eggs, Milk, Soy, Wheat

Amount Per Serving

Calories: 160

Calories from Fat: 45

Total Fat: 5.0g

Saturated Fat: 2.0g

Trans Fat: 0.00

Cholesterol: 70mg

Sodium: 340mg

Total Carbohydrate: 21.0g

Dietary Fiber: 2.0g

Protein: 6.0g

Vitamin A: 200RE

Vitamin C: 66.0mg

Calcium: 80.0mg

Iron: 1.4mg

The accuracy of the information shown above is based on data obtained from food manufacturers, food distributors, product packaging, and the USDA Child Nutrition database. Ingredients and menu items are subject to change or substitution. Please consult your own physician or medical professional for assistance with your specific medical or dietary situation.

Ingredients

Breakfast Sandwich, Fiesta Egg WG 2.35 (mfg label): FULLY BAKED WHOLE GRAIN BUN: WATER, WHOLE WHEAT FLOUR, ENRICHED BLEACHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, ENZYME, FOLIC ACID), SUGAR, INSTANT DRY YEAST (YEAST, SORBITAN MONOSTEARATE, ASCORBIC ACID). CONTAINS 2% OR LESS OF: SOYBEAN OIL, SALT, MONOGLYCERIDES WITH ASCORBIC ACID AND CITRIC ACID (ANTIOXIDANTS), CALCIUM PROPIONATE (PRESERVATIVE), CALCIUM SULFATE, ENZYME, WHEAT STARCH, ASCORBIC ACID, MICROCRYSTALLINE CELLULOSE. FULLY COOKED EGG PATTY WITH ONIONS, RED AND GREEN PEPPERS: WHOLE EGGS, RED PEPPERS, GREEN PEPPERS, ONIONS, WATER, SOYBEAN OIL, MODIFIED FOOD STARCH, WHEY SOLIDS, SALT, NONFAT DRIED MILK, XANTHAN GUM, WHITE PEPPER, CITRIC ACID. PASTEURIZED PROCESS AMERICAN PEPPER JACK CHEESE: MILK, SKIM MILK, CHEESE CULTURE, WATER, JALAPENO PEPPERS, CREAM, SODIUM CITRATE, SALT, RED BELL PEPPERS, NATURAL FLAVOR, SORBIC ACID (PRESERVATIVE), LACTIC ACID, SOY LECITHIN (NON-STICKING AGENT), ENZYMES. CONTAINS: EGG, MILK, SOY, WHEAT [903446]

