

Yogurt Parfait, Strawberry Yogurt

Nutrition Facts

Serving Size: 1 Cup

ALLERGENS

Milk

Amount Per Serving

Calories: 190

Calories from Fat: 14

Total Fat:	1.5g
Saturated Fat:	1.0g
Trans Fat:	0.00
Cholesterol:	5mg
Sodium:	120mg
Total Carbohydrate:	37.0g
Dietary Fiber:	1.0g
Sugars:	28.0g
Protein:	7.0g

Vitamin A: 1,000RE Vitamin C: .0mg Calcium: 200.0mg Iron: 1.8mg

The accuracy of the information shown above is based on data obtained from food manufacturers, food distributors, product packaging, and the USDA Child Nutrition database. Ingredients and menu items are subject to change or substitution. Please consult your own physician or medical professional for assistance with your specific medical or dietary situation.

Ingredients

Yogurt Strawberry Parfait Pouch (mfg label): CULTURED PASTEURIZED GRADE A LOW FAT MILK, SUGAR, MODIFIED CORN STARCH, KOSHER GELATIN, CITRIC ACID, NATURAL FLAVOR, POTASSIUM SORBATE ADDED TO MAINTAIN FRESHNESS, COLORED WITH CARMINE, VITAMIN A ACETATE, VITAMIN D3 . CONTAINS: MILK [903219]