

Yogurt, Light & Fit, Strawberry (6oz)

Nutrition Facts

Serving Size: Each

ALLERGENS

Milk

Amount Per Serving

Calories: 80

Calories from Fat: 0

Total Fat:	.0g
Saturated Fat:	.0g
Trans Fat:	0.00
Cholesterol:	5mg
Sodium:	80mg
Total Carbohydrate:	16.0g
Dietary Fiber:	.0g
Sugars:	9.0g
Protein:	5.0g

Vitamin A: 400RE

Vitamin C: .0mg

Calcium: 150.1mg

Iron: .0mg

The accuracy of the information shown above is based on data obtained from food manufacturers, food distributors, product packaging, and the USDA Child Nutrition database. Ingredients and menu items are subject to change or substitution. Please consult your own physician or medical professional for assistance with your specific medical or dietary situation.

Ingredients

Yogurt, Strawberry Light N Fit 6 oz Dann (mfg label): NONFAT YOGURT [CULTURED GRADE A NON FAT MILK, MODIFIED CORN STARCH, KOSHER GELATIN, VITAMIN A PALMITATE, VITAMIN D3], STRAWBERRIES, WATER, CONTAINS LESS THAN 1% OF MODIFIED CORN STARCH, NATURAL AND ARTIFICIAL FLAVORS, SUCRALOSE, SODIUM CITRATE, MALIC ACID, POTASSIUM SORBATE (TO MAINTAIN FRESHNESS), RED 40. CONTAINS ACTIVE YOGURT CULTURES INCLUDING L.ACIDOPHILUS. PHENYLKETONURICS. CONTAINS: PHENYLALANINE AND MILK [902048]