

## Yogurt, Light & Fit, Cherry Vanilla (6oz)

### Nutrition Facts

Serving Size: Each

### **ALLERGENS**

Milk

Amount Per Serving

Calories: 80

Calories from Fat: 0

<b>Total Fat:</b>	<b>.0g</b>
Saturated Fat:	.0g
Trans Fat:	0.00
<b>Cholesterol:</b>	<b>5mg</b>
<b>Sodium:</b>	<b>80mg</b>
<b>Total Carbohydrate:</b>	<b>16.0g</b>
Dietary Fiber:	.0g
Sugars:	10.0g
<b>Protein:</b>	<b>5.0g</b>

Vitamin A: 400RE

Vitamin C: .0mg

Calcium: 150.1mg

Iron: .0mg

The accuracy of the information shown above is based on data obtained from food manufacturers, food distributors, product packaging, and the USDA Child Nutrition database. Ingredients and menu items are subject to change or substitution. Please consult your own physician or medical professional for assistance with your specific medical or dietary situation.

### Ingredients

Yogurt, Cherry Van Light N Fit 6 oz Dann (mfg label): NONFAT YOGURT [CULTURED GRADE A NON FAT MILK, MODIFIED FOOD STARCH, FRUCTOSE, KOSHER GELATIN, VITAMIN A PALMITATE, VITAMIN D3], WATER, CHERRIES, FRUCTOSE, CONTAINS LESS THAN 1% OF MODIFIED CORN STARCH, NATURAL FLAVOR, CARAMEL COLOR, ASPARTAME, POTASSIUM SORBATE (TO MAINTAIN FRESHNESS), SODIUM CITRATE, MALIC ACID, ACESULFAME POTASSIUM, SUCRALOSE, RED 40, BLUE 1, TUMERIC (FOR COLOR). CONTAINS ACTIVE YOGURT CULTURES INCLUDING L.ACIDOPHILUS PHENYLKETONURICS. CONTAINS: PHENYLALANINE AND MILK [902044]