

Yogurt, Frozen, Non-Fat, Simply Vanilla

Nutrition Facts

Serving Size: 1 oz

ALLERGENS

Milk

Amount Per Serving

Calories: 32

Calories from Fat: 0

Total Fat:	.0g
Saturated Fat:	.0g
Trans Fat:	0.00
Cholesterol:	2mg
Sodium:	26mg
Total Carbohydrate:	6.8g
Dietary Fiber:	.0g
Sugars:	5.8g
Protein:	1.3g

Vitamin A: 29RE

Vitamin C: .0mg

Calcium: 32.2mg

Iron: .0mg

The accuracy of the information shown above is based on data obtained from food manufacturers, food distributors, product packaging, and the USDA Child Nutrition database. Ingredients and menu items are subject to change or substitution. Please consult your own physician or medical professional for assistance with your specific medical or dietary situation.

Ingredients

YOGURT, NON FAT, FRZEN, Simply Van (mfg label): NONFAT MILK, SUGAR, CULTURED NONFAT MILK, CORN SYRUP, WHEY PROTEIN CONCENTRATE, GUAR GUM, MONO AND DIGLYCERIDES, CARRAGEENAN, POLYSORBATE 80, TETRASODIUM PYROPHOSPHATE, ARTIFICIAL FLAVOR, SODIUM PHOSPHATE, MAGNESIUM OXIDE, SODIUM HEXAMETAPHOSPHATE. CONTAINS ACTIVE CULTURES. CONTAINS: MILK [903458]