

Yogurt, Frozen, Non-Fat, Chocolate

Nutrition Facts

Serving Size: 1 oz

ALLERGENS

Milk

Amount Per Serving

Calories: 32

Calories from Fat: 0

Total Fat:	.0g
Saturated Fat:	.0g
Trans Fat:	0.00
Cholesterol:	0mg
Sodium:	31mg
Total Carbohydrate:	7.1g
Dietary Fiber:	.3g
Sugars:	5.5g
Protein:	1.3g

Vitamin A: 27RE

Vitamin C: .0mg

Calcium: 32.2mg

Iron: .2mg

The accuracy of the information shown above is based on data obtained from food manufacturers, food distributors, product packaging, and the USDA Child Nutrition database. Ingredients and menu items are subject to change or substitution. Please consult your own physician or medical professional for assistance with your specific medical or dietary situation.

Ingredients

Yogurt, Non Fat, Frz, Chocolate Double D (mfg label): NONFAT MILK, SUGAR, CORN SYRUP, WHEY, CULTURED NONFAT MILK, COCOA PROCESSED WITH ALKALI, GUAR GUM, LOCUST BEAN GUM, CARRAGEENAN. CONTAINS ACTIVE CULTURES. CONTAINS: MILK [900482]