

Turkey for Holiday Meal

Nutrition Facts

Serving Size: Servings

Amount Per Serving

Calories: 136

Calories from Fat: 14

Total Fat: 1.5g

Saturated Fat: .8g

Trans Fat: 0.00

Cholesterol: 53mg

Sodium: 512mg

Total Carbohydrate: .0g

Dietary Fiber: .0g

Sugars: .0g

Protein: 28.6g

Vitamin A: 0RE

Vitamin C: 1.8mg

Calcium: .0mg

Iron: .5mg

The accuracy of the information shown above is based on data obtained from food manufacturers, food distributors, product packaging, and the USDA Child Nutrition database. Ingredients and menu items are subject to change or substitution. Please consult your own physician or medical professional for assistance with your specific medical or dietary situation.

Ingredients

Turkey, Pre-Sliced Browned Frozen (mfg label): TURKEY BREAST MEAT, TURKEY BROTH, CONTAINS 2% OR LESS SALT, DEXTROSE, CARRAGEENAN, SODIUM PHOSPHATE, VEGETABLE OIL. [903441]