

Toasted Cheese Sandwich, WG

Nutrition Facts

Serving Size: Each

ALLERGENS

Milk, Soy, Wheat

Amount Per Serving

Calories: 292

Calories from Fat: 102

Total Fat:	11.3g
Saturated Fat:	5.6g
Trans Fat:	0.00
Cholesterol:	30mg
Sodium:	583mg
Total Carbohydrate:	28.0g
Dietary Fiber:	2.0g
Sugars:	6.0g
Protein:	20.0g

Vitamin A: 661RE

Vitamin C: .0mg

Calcium: 440.0mg

Iron: 2.2mg

The accuracy of the information shown above is based on data obtained from food manufacturers, food distributors, product packaging, and the USDA Child Nutrition database. Ingredients and menu items are subject to change or substitution. Please consult your own physician or medical professional for assistance with your specific medical or dietary situation.

Ingredients

Bread, WG Sandwich Bread #1292 (mfg label): WATER, WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), CORN SYRUP, WHEAT GLUTEN, POLYDEXTROSE, CONTAINS 2% OR LESS OF THE FOLLOWING: SOYBEAN OIL, YEAST, SALT, DOUGH CONDITIONERS (MONOGLYCERIDES, ETHOXYLATED MONO- AND DIGLYCERIDES, ASCORBIC ACID, AZODICARBONAMIDE, CALCIUM PEROXIDE), YEAST NUTRIENTS (CALCIUM SULFATE, AMMONIUM SULFATE), CITRIC ACID, CALCIUM PROPIONATE (PRESERVATIVE). CONTAINS: WHEAT [903126]

Cheese, American Sliced RF RS OH proc (mfg label): Reduced Fat Cheddar Cheese [Pasteurized Reduced Fat Milk, Cheese Culture, Salt, Enzymes, Annatto (Vegetable Color), Vitamin A Palmitate], Potato Starch and Powdered Cellulose (To Prevent Caking), Natamycin (A Natural Mold Inhibitor). CONTAINS MILK [990125]

Margarine Solid ZTF (mfg label): PALM OIL, WATER, SALT, NON-FAT DRY MILK SOLIDS, SOY LECITHIN, VEGETABLE MONO & DIGLYCERIDES, SODIUM BENZOATE (A PRESERVATIVE), CITRIC ACID, NATURAL & ARTIFICIAL FLAVOR, VITAMIN A PALMITATE ADDED, BETA CAROTENE (COLOR). CONTAINS: MILK, SOYBEAN. CONTAINS: MILK, SOY [903192]

Pan Butter-It Spray (mfg label): CORN OIL, NATURAL & ARTIFICIAL BUTTER FLAVORS, SILICON DIOXIDE, SOY LECITHIN, SALT, BETA CAROTENE (COLOR) AND NON-CHLOROFUOROCARBON PROPELLANT. CONTAINS: MILK AND SOY [900126]