

Taco Salad w/ Beef & Cheese

Nutrition Facts

Serving Size: Each

ALLERGENS

Milk, Soy

Amount Per Serving

Calories: 402

Calories from Fat: 164

Total Fat:	18.2g
Saturated Fat:	6.9g
Trans Fat:	0.00
Cholesterol:	55mg
Sodium:	662mg
Total Carbohydrate:	36.8g
Dietary Fiber:	6.2g
Sugars:	2.0g
Protein:	24.0g

Vitamin A: 926RE

Vitamin C: 8.3mg

Calcium: 77.2mg

Iron: 2.8mg

The accuracy of the information shown above is based on data obtained from food manufacturers, food distributors, product packaging, and the USDA Child Nutrition database. Ingredients and menu items are subject to change or substitution. Please consult your own physician or medical professional for assistance with your specific medical or dietary situation.

Ingredients

Beef Taco Reduced Fat OH processed Ne (mfg label): GROUND BEEF (NO MORE THAN 20% FAT), WATER, TOMATO PASTE, TEXTURED VEGETABLE PROTEIN (SOY PROTEIN CONCENTRATE, CARAMEL COLOR), SEASONING (DEHYDRATED ONIONS, CHILI PEPPER AND OTHER SPICES, DEHYDRATED GARLIC, SALT), SALT, CARAMEL COLOR, VINEGAR, PAPRIKA EXTRACT. CONTAINS: SOY [900116]

Cheese, Cheddar Shredded RF (mfg label): CULTURED PASTEURIZED REDUCED FAT MILK, SALT, ENZYMES, ANNATTO (COLOR), VITAMIN A PALMITATE (NOT FOUND IN REGULAR CHEDDAR CHEESE), POWDERED CELLULOSE ADDED TO PREVENT CAKING. CONTAINS: MILK [902078]

Chips, Tortilla Chips WG IW 1.45 oz (2 G (mfg label): WHOLE CORN, VEGETABLE OIL (CORN, SUNFLOWER AND/OR CANOLA OIL), AND SALT. GLUTEN FREE [903405]

LETTUCE,ICEBERG,FRESH shredded (mfg label): LETTUCE, ICEBERG, FRESH, SHREDDED [900150]