

Sour Cream

Nutrition Facts

Serving Size: 2 Tbsp.

ALLERGENS

Milk

Amount Per Serving

Calories: 20

Calories from Fat: 0

Total Fat:	.0g
Saturated Fat:	.0g
Trans Fat:	0.00
Cholesterol:	0mg
Sodium:	40mg
Total Carbohydrate:	3.0g
Dietary Fiber:	.0g
Sugars:	2.0g
Protein:	1.0g

Vitamin A: 200RE

Vitamin C: .0mg

Calcium: 40.0mg

Iron: .0mg

The accuracy of the information shown above is based on data obtained from food manufacturers, food distributors, product packaging, and the USDA Child Nutrition database. Ingredients and menu items are subject to change or substitution. Please consult your own physician or medical professional for assistance with your specific medical or dietary situation.

Ingredients

Sour Cream Fat Free 2/5# (mfg label): CULTURED NONFAT MILK, FOOD STARCH-MODIFIED, FOOD STARCH, WHEY PROTEIN CONCENTRATE, CREAM**, MALTODEXTRIN, CULTURED DEXTROSE, ARTIFICIAL COLOR*, POTASSIUM SORBATE (A PRESERVATIVE), SODIUM PHOSPHATE, GUAR GUM, LOCUST BEAN GUM, CARRAGEENAN, GELLAN GUM, VITAMIN A PALMITATE. *AN INGREDIENT NOT NORMALLY FOUND IN SOUR CREAM. **ADDS A TRIVIAL AMOUNT OF FAT. CONTAINS MILK. [903475]