

Oven Baked Ruffles- Cheddar & Sour Cream

Nutrition Facts

Serving Size: Each

ALLERGENS

Milk, Soy

Amount Per Serving

Calories: 100

Calories from Fat: 27

Total Fat:	3.0g
Saturated Fat:	.0g
Trans Fat:	0.00
Cholesterol:	0mg
Sodium:	200mg
Total Carbohydrate:	17.0g
Dietary Fiber:	1.0g
Sugars:	2.0g
Protein:	1.0g

Vitamin A: 10RE

Vitamin C: .0mg

Calcium: .0mg

Iron: .0mg

The accuracy of the information shown above is based on data obtained from food manufacturers, food distributors, product packaging, and the USDA Child Nutrition database. Ingredients and menu items are subject to change or substitution. Please consult your own physician or medical professional for assistance with your specific medical or dietary situation.

Ingredients

Oven Baked Ruffles, Cheddar & Sour Cre (mfg label): DRIED POTATOES, CORN STARCH, CORN OIL, SUGAR, MALTODEXTRIN (MADE FROM CORN), SALT, SOY LECITHIN, DEXTROSE, WHEY, WHEY PROTEIN CONCENTRATE, ONION POWDER, CHEDDAR CHEESE (MILK, CHEESE CULTURES, SALT, ENZYMES), MONOSODIUM GLUTAMATE, BLUE CHEESE (MILK, CHEESE CULTURES, SALT, ENZYMES), CITRIC ACID, ARTIFICIAL COLOR (YELLOW 6 LAKE, YELLOW 5 LAKE, YELLOW 5, YELLOW 6), SKIM MILK, NATURAL AND ARTIFICIAL FLAVORS, GARLIC POWDER, LACTIC ACID, DISODIUM INOSINATE, AND DISODIUM GUANYLATE. CONTAINS MILK AND SOY [903469]