

Oven Baked French Fries

Nutrition Facts

Serving Size: 3 oz

Amount Per Serving

Calories: 120

Calories from Fat: 32

Total Fat:	3.5g
Saturated Fat:	.5g
Trans Fat:	0.00
Cholesterol:	0mg
Sodium:	20mg
Total Carbohydrate:	19.0g
Dietary Fiber:	1.0g
Sugars:	.0g
Protein:	2.0g

Vitamin A: 0RE

Vitamin C: 4.8mg

Calcium: .0mg

Iron: .4mg

The accuracy of the information shown above is based on data obtained from food manufacturers, food distributors, product packaging, and the USDA Child Nutrition database. Ingredients and menu items are subject to change or substitution. Please consult your own physician or medical professional for assistance with your specific medical or dietary situation.

Ingredients

Potato, French Fries Sysco Brand (mfg label): POTATOES, VEGETABLE OIL (SOYBEAN, CANOLA, COTTONSEED, AND/OR SUNFLOWER), DEXTROSE, DISODIUM DIHYDROGEN PYROPHOSPHATE (TO MAINTAIN NATURAL COLOR). [903517]