

# Orange Chicken

## Nutrition Facts

Serving Size: Serving

## **ALLERGENS**

Eggs, Soy, Wheat

Amount Per Serving

Calories: 225

Calories from Fat: 41

<b>Total Fat:</b>	<b>4.5g</b>
Saturated Fat:	.8g
Trans Fat:	0.00
<b>Cholesterol:</b>	<b>60mg</b>
<b>Sodium:</b>	<b>420mg</b>
<b>Total Carbohydrate:</b>	<b>28.5g</b>
Dietary Fiber:	.0g
Sugars:	15.0g
<b>Protein:</b>	<b>16.5g</b>

Vitamin A: 75RE

Vitamin C: 1.8mg

Calcium: .0mg

Iron: 1.1mg

The accuracy of the information shown above is based on data obtained from food manufacturers, food distributors, product packaging, and the USDA Child Nutrition database. Ingredients and menu items are subject to change or substitution. Please consult your own physician or medical professional for assistance with your specific medical or dietary situation.

## Ingredients

Chicken Mandarin Orange Jr. Ling's 5th (mfg label): CHICKEN: BONELESS, SKINLESS CHICKEN LEG MEAT, WATER, CORNSTARCH, WHITE WHOLE GRAIN WHEAT FLOUR, SOYBEAN OIL, LIQUID WHOLE EGGS, SALT, WHITE PEPPER POWDER, GROUND GINGER, GARLIC, GREEN ONION. SAUCE: WATER, SUGAR, VINEGAR, SOY SAUCE (SOYBEANS, WHEAT FLOUR, WATER, SALT, STRAW MUSHROOM EXTRACTIVES), MODIFIED STARCH, MANDARIN ORANGE JUICE AND PEEL, CHILI POWDER, GARLIC, GINGER, GREEN ONION. CONTAINS: EGG, SOY, WHEAT, CITRUS. [903533]