

Muffin, Chocolate Chocolate Chip, WG(Otis)

Nutrition Facts

Serving Size: Each

ALLERGENS

Eggs, Soy, Wheat

Amount Per Serving

Calories: 200

Calories from Fat: 54

Total Fat:	6.0g
Saturated Fat:	2.0g
Trans Fat:	0.00
Cholesterol:	40mg
Sodium:	130mg
Total Carbohydrate:	32.0g
Dietary Fiber:	2.0g
Sugars:	17.0g
Protein:	4.0g

Vitamin A: 100RE

Vitamin C: .0mg

Calcium: 40.0mg

Iron: 1.4mg

The accuracy of the information shown above is based on data obtained from food manufacturers, food distributors, product packaging, and the USDA Child Nutrition database. Ingredients and menu items are subject to change or substitution. Please consult your own physician or medical professional for assistance with your specific medical or dietary situation.

Ingredients

Muffin, Choc Cho/chp IW WG (mfg label): WHOLE WHEAT FLOUR, SUGAR, EGGS, WATER, INVERT SUGAR, SEMI-SWEET CHOCOLATE CHIPS (SUGAR, UNSWEETENED CHOCOLATE, ANHYDROUS DEXTROSE, COCOA BUTTER, SOY LECITHIN, VANILLA EXTRACT), CONTAINS 2% OR LESS OF: COCOA (PROCESSED WITH ALKALI), SOYBEAN OIL, PALM OIL, CANOLA OIL, PROPYLENE GLYCOL MONO- AND DIESTERS OF FATS AND FATTY ACIDS, LEAVENING (BAKING SODA, SODIUM ALUMINUM PHOSPHATE, MONOCALCIUM PHOSPHATE), MONO- AND DIGLYCERIDES, MODIFIED CORN STARCH, WHEAT GLUTEN, OAT FIBER, POTASSIUM SORBATE (PRESERVATIVE), SALT, SODIUM ALGINATE, NATURAL AND ARTIFICIAL FLAVORS, SOY LECITHIN, ENZYMES. CONTAINS: WHEAT, EGGS, SOY [903364]