

Mac & Cheese w/ Dinner Roll

Nutrition Facts

Serving Size: 8 oz

ALLERGENS

Eggs, Milk, Soy, Wheat

Amount Per Serving

Calories: 500

Calories from Fat: 153

Total Fat:	17.0g
Saturated Fat:	8.0g
Trans Fat:	0.00
Cholesterol:	40mg
Sodium:	1,125mg
Total Carbohydrate:	59.0g
Dietary Fiber:	3.0g
Sugars:	11.0g
Protein:	28.0g

Vitamin A: 1,000RE Vitamin C: .0mg Calcium: 640.0mg Iron: 2.5mg

The accuracy of the information shown above is based on data obtained from food manufacturers, food distributors, product packaging, and the USDA Child Nutrition database. Ingredients and menu items are subject to change or substitution. Please consult your own physician or medical professional for assistance with your specific medical or dietary situation.

Ingredients

Dinner Roll wheat Klosterman #3920 (mfg label): WATER, WHITE WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR (WHEAT FLOUR, BARLEY MALT, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), CORN SYRUP, YEAST, SOYBEAN OIL, WHEAT GLUTEN, CONTAINS 2% OF LESS OF THE FOLLOWING: SALT, HONEY, MOLASSES, INVERT SUGAR, WHEAT STARCH, SOY LECITHIN, YEAST NUTRIENTS (CALCIUM SULFATE, AMMONIUM CHLORIDE), CORN STARCH, DOUGH CONDITIONERS (ASCORBIC ACID, CALCIUM PEROXIDE, AZODICARBONAMIDE), CALCIUM PROPIONATE (PRESERVATIVE). CONTAINS: WHEAT, SOY [900238]

Macaroni and Cheese, RS RF WG LOL (mfg label): COOKED ENRICHED WHOLE GRAIN PASTA (WATER, WHOLE DURUM WHEAT FLOUR, SEMOLINA, EGG WHITES, NIACIN, FERROUS SULFATE, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), REDUCED SODIUM REDUCED FAT AMERICAN CHEESE [CULTURED PASTEURIZED MILK AND SKIM MILK, CONTAINS LESS THAN 2% OF SALT, DIPOTASSIUM PHOSPHATE, SODIUM PHOSPHATE, LACTIC ACID, SORBIC ACID (PRESERVATIVE), ANNATTO AND OLEORESIN PAPRIKA (COLOR), VITAMIN A PALMITATE], WATER, MALTODEXTRIN, CONTAINS LESS THAN 2% OF NATURAL FLAVOR, BUTTER (CREAM, SALT), SALT, FOOD STARCH - MODIFIED, XANTHAN GUM. CONTAINS: MILK, WHEAT, EGG. [902104]