

## Korean BBQ Beef

### Nutrition Facts

Serving Size: Serving

### **ALLERGENS**

Soy

Amount Per Serving

Calories: 201

Calories from Fat: 37

<b>Total Fat:</b>	<b>4.1g</b>
Saturated Fat:	1.6g
Trans Fat:	0.00
<b>Cholesterol:</b>	<b>63mg</b>
<b>Sodium:</b>	<b>364mg</b>
<b>Total Carbohydrate:</b>	<b>20.0g</b>
Dietary Fiber:	.0g
Sugars:	16.7g
<b>Protein:</b>	<b>20.3g</b>

Vitamin A: 52RE

Vitamin C: .0mg

Calcium: 18.5mg

Iron: 2.0mg

The accuracy of the information shown above is based on data obtained from food manufacturers, food distributors, product packaging, and the USDA Child Nutrition database. Ingredients and menu items are subject to change or substitution. Please consult your own physician or medical professional for assistance with your specific medical or dietary situation.

### Ingredients

Korean BBQ Sauce (mfg label): WATER, SUGAR, TAMARI SOY SAUCE (water, soybeans, salt, sugar), BROWN SUGAR, VINEGAR, MODIFIED FOOD STARCH, CONTAINS LESS THAN 2% OF CONCENTRATED PINEAPPLE JUICE, SOYBEAN OIL, DEHYDRATED GARLIC, ONION POWDER, SPICES, TOASTED SESAME OIL, BLACK COCOA POWDER, PAPRIKA EXTRACT. CONTAINS: SOY [903690]

Sous Vide Beef, JTM (mfg label): BEEF STEW MEAT [903689]