

Hamburger

Nutrition Facts

Serving Size: Each

ALLERGENS

Soy, Wheat

Amount Per Serving

Calories: 340

Calories from Fat: 135

Total Fat: 15.0g

Saturated Fat: 5.0g

Trans Fat: 0.00

Cholesterol: 60mg

Sodium: 470mg

Total Carbohydrate: 27.0g

Dietary Fiber: 2.0g

Sugars: 4.0g

Protein: 23.0g

Vitamin A: 0RE

Vitamin C: .0mg

Calcium: 60.0mg

Iron: 3.2mg

The accuracy of the information shown above is based on data obtained from food manufacturers, food distributors, product packaging, and the USDA Child Nutrition database. Ingredients and menu items are subject to change or substitution. Please consult your own physician or medical professional for assistance with your specific medical or dietary situation.

Ingredients

Bun, Hamburger Grain Essential #3474 (mfg label): WHITE WHOLE WHEAT FLOUR, ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, HIGH FRUCTOSE CORN SYRUP, YEAST, WHEAT GLUTEN, SOYBEAN OIL, CONTAINS 2% OR LESS OF THE FOLLOWING: SALT, HONEY, INVERT SUGAR, CORN SYRUP, WHEAT STARCH, MOLASSES, SODIUM STEAROYL LACTYLATE, VINEGAR, CALCIUM PROPIONATE (PRESERVATIVE), CALCIUM SULFATE, ASCORBIC ACID, AMMONIUM SULFATE, CITRIC ACID, ETHOXYLATED MONO- AND DIGLYCERIDES. CONTAINS: WHEAT [902067]

Flamebroiled Beef Steak Burger 3 oz (mfg label): BEEF, SEASONING (SALT, DEXTROSE, NATURAL FLAVORS, SPICE), NATURAL FLAVORING [903472]