

Goldfish Crackers, WG

Nutrition Facts

Serving Size: Each

ALLERGENS

Milk, Wheat

Amount Per Serving

Calories: 100

Calories from Fat: 32

Total Fat:	3.5g
Saturated Fat:	1.0g
Trans Fat:	0.00
Cholesterol:	5mg
Sodium:	170mg
Total Carbohydrate:	14.0g
Dietary Fiber:	1.0g
Sugars:	.0g
Protein:	3.0g

Vitamin A: 0RE

Vitamin C: .0mg

Calcium: 20.0mg

Iron: .4mg

The accuracy of the information shown above is based on data obtained from food manufacturers, food distributors, product packaging, and the USDA Child Nutrition database. Ingredients and menu items are subject to change or substitution. Please consult your own physician or medical professional for assistance with your specific medical or dietary situation.

Ingredients

Goldfish Crackers, WG Cheddar .75 oz (mfg label): MADE WITH SMILES AND WHOLE WHEAT FLOUR, UNBLEACHED ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE [VITAMIN B1], RIBOFLAVIN [VITAMIN B2], FOLIC ACID), CHEDDAR CHEESE (CULTURED MILK, SALT, ENZYMES, ANNATTO), VEGETABLE OILS (CANOLA, SUNFLOWER AND/OR SOYBEAN), CONTAINS 2 PERCENT OR LESS OF: SALT, AUTOLYZED YEAST, YEAST, LEAVENING (BAKING SODA, MONOCALCIUM PHOSPHATE), PAPRIKA, SPICES, DEHYDRATED ONIONS. CONTAINS: MILK, WHEAT [903409]