

## Croutons, Cheese & Garlic, WG

### Nutrition Facts

Serving Size: Pkg.

### **ALLERGENS**

Milk, Wheat

Amount Per Serving

Calories: 50

Calories from Fat: 14

|                            |              |
|----------------------------|--------------|
| <b>Total Fat:</b>          | <b>1.5g</b>  |
| Saturated Fat:             | .0g          |
| Trans Fat:                 | 0.00         |
| <b>Cholesterol:</b>        | <b>0mg</b>   |
| <b>Sodium:</b>             | <b>140mg</b> |
| <b>Total Carbohydrate:</b> | <b>8.0g</b>  |
| Dietary Fiber:             | 1.0g         |
| Sugars:                    | 1.0g         |
| <b>Protein:</b>            | <b>2.0g</b>  |

Vitamin A: 5RE

Vitamin C: .0mg

Calcium: .0mg

Iron: .4mg

The accuracy of the information shown above is based on data obtained from food manufacturers, food distributors, product packaging, and the USDA Child Nutrition database. Ingredients and menu items are subject to change or substitution. Please consult your own physician or medical professional for assistance with your specific medical or dietary situation.

### Ingredients

Croutons WG Cheese Garlic Fresh Gour (mfg label): WHITE WHOLE WHEAT FLOUR, CANOLA AND/OR SUNFLOWER OIL, SPELT FLOUR, WHEY, AMARANTH FLOUR, QUINOA FLOUR, WHEAT GLUTEN, SALT, 2% OR LESS OF YEAST, SUGAR, ASCORBIC ACID, DEHYDRATED PARSLEY, GARLICPOWDER, VINEGAR, NATURAL AND ARTIFICIAL FLAVOR, PARMESAN CHEESE AND ENZYME MODIFIED CHEESE (PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES), CULTURED NONFAT MILK, ANNATTO (COLOR), EXTRACTIVES OF TURMERIC AND PAPRIKA (COLOR), TBHQ (TO PRESERVE FRESHNESS). CONTAINS: WHEAT, MILK. PACKAGED IN A FACILITY THAT ALSO PACKAGES TREE NUTS. [903431]