

## Courtesy Meal, Cheese & Crackers

### Nutrition Facts

Serving Size: Each

### ALLERGENS

Milk, Soy, Wheat

Amount Per Serving

Calories: 280

Calories from Fat: 198

**Total Fat: 22.0g**

Saturated Fat: 12.0g

Trans Fat: 0.00

**Cholesterol: 52mg**

**Sodium: 1,400mg**

**Total Carbohydrate: 16.0g**

Dietary Fiber: .0g

Sugars: .0g

**Protein: 12.0g**

Vitamin A: 600RE

Vitamin C: .0mg

Calcium: 320.0mg

Iron: 1.4mg

The accuracy of the information shown above is based on data obtained from food manufacturers, food distributors, product packaging, and the USDA Child Nutrition database. Ingredients and menu items are subject to change or substitution. Please consult your own physician or medical professional for assistance with your specific medical or dietary situation.

### Ingredients

Cheese, American Sliced (mfg label): MILK, SKIM MILK, WATER, WHEY, CHEESE CULTURE, MODIFIED FOOD STARCH\*, SODIUM CITRATE, SALT, POTASSIUM CITRATE, LACTIC ACID, SORBIC ACID (PRESERVATIVE), ARTIFICIAL COLOR, CREAM, LECITHIN, ENZYMES, \*INGREDIENT NOT IN REGULAR PASTEURIZED PROCESS AMERICAN CHEESE. CONTAINS: SOY AND MILK [990124]

Crackers, Saltine House Recipe (mfg label): ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE [VITAMIN B1], RIBOFLAVIN [VITAMIN B2], FOLIC ACID), SOYBEAN OIL WITH TBHQ FOR FRESHNESS, SALT, CORN SYRUP, CONTAINS TWO PERCENT OR LESS OF LEAVENING (BAKING SODA, YEAST), SOY LECITHIN. CONTAINS: SOY AND WHEAT [900249]