

Cincinnati Chili 3-Way

Nutrition Facts

Serving Size: Each

ALLERGENS

Milk, Wheat

Amount Per Serving

Calories: 510

Calories from Fat: 145

Total Fat:	16.1g
Saturated Fat:	6.2g
Trans Fat:	0.63
Cholesterol:	49mg
Sodium:	693mg
Total Carbohydrate:	65.8g
Dietary Fiber:	5.1g
Sugars:	1.6g
Protein:	26.4g

Vitamin A: 916RE

Vitamin C: 3.8mg

Calcium: 222.5mg

Iron: 4.0mg

The accuracy of the information shown above is based on data obtained from food manufacturers, food distributors, product packaging, and the USDA Child Nutrition database. Ingredients and menu items are subject to change or substitution. Please consult your own physician or medical professional for assistance with your specific medical or dietary situation.

Ingredients

Beef Meat Sauce Cincy Style JTM OH Pro (mfg label): GROUND BEEF (NO MORE THAN 20% FAT), WATER, TOMATO PASTE, SEASONING (CHILI PEPPER AND OTHER NATURAL SPICES, GARLIC POWDER, SPICE EXTRACTIVES INCLUDING PAPRIKA), DEHYDRATED ONION, MODIFIED FOOD STARCH, SALT, VINEGAR, DEHYDRATED GARLIC, SPICE, XANTHAN GUM. [990189]

Cheese, American, RF, Shred, Fresh (mfg label): CULTURED PASTEURIZED MILK AND SKIM MILK, *WHEY PROTEIN CONCENTRATE, SALT, SODIUM PHOSPHATE, CONTAINS LESS THAN 2% OF *XANTHAN GUM, *LOCUST BEAN GUM, *GUAR GUM, SODIUM CITRATE, SORBIC ACID (PRESERVATIVE), LACTIC ACID, ACETIC ACID, BETA-CAROTENE AND APO-CAROTENAL (COLOR), ENZYMES, *VITAMIN A PALMITATE, ANTICKAING BLEND (POTATO STARCH, CELLULOSE, NATAMYCIN (NATURAL MOLD INHIBITOR)). *NOT FOUND IN REGULAR PASTEURIZED PROCESS AMERICAN CHEESE. CONTAINS: MILK [601413]

Ketchup, LS Heinz 9 gm Packet (mfg label): TOMATO CONCENTRATE MADE FROM RED RIPE TOMATOES, HIGH FRUCTOSE CORN SYRUP, DISTILLED VINEGAR, CORN SYRUP, *POTASSIUM CHLORIDE, SALT, SPICE, ONION POWDER, NATURAL FLAVORING. *NOT IN REGULAR KETCHUP [903419]

Spaghetti, Cooked WG Zerega (mfg label): WHOLE DURUM WHEAT FLOUR, SEMOLINA (WHEAT), NIACIN, IRON (FERROUS SULFATE), THIAMIN MONONITRATE, RIBOFLAVIN, AND FOLIC ACID. CONTAINS: WHEAT [903263]