

Chicken, Breaded

Nutrition Facts

Serving Size: Each

ALLERGENS

Milk, Soy, Wheat

Amount Per Serving

Calories: 230

Calories from Fat: 81

Total Fat:	9.0g
Saturated Fat:	1.5g
Trans Fat:	0.00
Cholesterol:	70mg
Sodium:	440mg
Total Carbohydrate:	15.0g
Dietary Fiber:	1.0g
Sugars:	2.0g
Protein:	23.0g

Vitamin A: 100RE

Vitamin C: .0mg

Calcium: 40.0mg

Iron: 1.8mg

The accuracy of the information shown above is based on data obtained from food manufacturers, food distributors, product packaging, and the USDA Child Nutrition database. Ingredients and menu items are subject to change or substitution. Please consult your own physician or medical professional for assistance with your specific medical or dietary situation.

Ingredients

Chicken Breaded Dill WG 4 oz ProView (mfg label): CHICKEN BREAST WITH RIB MEAT, VEGETABLE PROTEIN PRODUCT (ISOLATED SOY PROTEIN, MAGNESIUM OXIDE, ZINC OXIDE, NIACINAMIDE, FERROUS SULFATE, VITAMIN B12, COPPER GLUCONATE, VITAMIN A PALMITATE, CALCIUM PANTOTHENATE, PYRIDOXINE HYDROCHLORIDE, THIAMINE MONONITRATE, RIBOFLAVIN), SEASONING (SALT, SUGAR, DEXTROSE, MALTODEXTRIN, SPICES, MODIFIED FOOD STARCH, YEAST EXTRACT, VINEGAR SOLIDS, MALIC ACID, NATURAL FLAVORS, SUNFLOWER OIL). SODIUM PHOSPHATES. BREADED WITH: WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, SALT, DISODIUM INOSINATE AND DISODIUM GUANYLATE, NONFAT MILK, LEAVENING (SODIUM BICARBONATE, SODIUM ACID PYROPHOSPHATE, MONOCALCIUM PHOSPHATE), SPICE, SOYBEAN OIL, YEAST, EXTRACTIVES OF PAPRIKA, BATTERED WITH: WATER, WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, SALT, NONFAT MILK, DISODIUM INOSINATE AND DISODIUM GUANYLATE, WHEAT GLUTEN, LEAVENING (SODIUM BICARBONATE, SODIUM ACID PYROPHOSPHATE, MONOCALCIUM PHOSPHATE), SPICE, SOYBEAN OIL EXTRACTIVES OF PAPRIKA. PRE DUSTED WITH: ENRICHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED POTATO STARCH, SALT, SOYBEAN OIL, BREADING IS SET IN VEGETABLE OIL. CONTAINS: WHEAT, MILK AND SOY. [903521]