

## Chex Mix, Strawberry Yogurt

### Nutrition Facts

Serving Size: Each

### **ALLERGENS**

Milk, Soy, Wheat

Amount Per Serving

Calories: 120

Calories from Fat: 27

<b>Total Fat:</b>	<b>3.0g</b>
Saturated Fat:	1.0g
Trans Fat:	0.00
<b>Cholesterol:</b>	<b>0mg</b>
<b>Sodium:</b>	<b>55mg</b>
<b>Total Carbohydrate:</b>	<b>23.0g</b>
Dietary Fiber:	2.0g
Sugars:	6.0g
<b>Protein:</b>	<b>2.0g</b>

Vitamin A: 30RE

Vitamin C: .0mg

Calcium: .0mg

Iron: .7mg

The accuracy of the information shown above is based on data obtained from food manufacturers, food distributors, product packaging, and the USDA Child Nutrition database. Ingredients and menu items are subject to change or substitution. Please consult your own physician or medical professional for assistance with your specific medical or dietary situation.

### Ingredients

Chex Mix, Strawberry Yogurt 1.03 oz (mfg label): WHOLE WHEAT, ENRICHED CORN MEAL (DEGERMED YELLOW CORN MEAL, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, VEGETABLE OIL (SOYBEAN AND/OR RICE BRAN), YOGURT FLAVORED COATING (SUGAR, PALM KERNEL OIL, MALTODEXTRIN, YOGURT POWDER [CULTURED NONFAT MILK, WHEY PROTEIN CONCENTRATE, YOGURT CULTURES], NONFAT MILK, SOY LECITHIN, NATURAL FLAVOR), FRUCTOSE, DEXTROSE. CONTAINS 2% OR LESS OF: MALTODEXTRIN, SALT, NATURAL FLAVOR, DISTILLED MONOGLYCERIDES, MODIFIED CORN STARCH, TRISODIUM PHOSPHATE, CALCIUM CARBONATE, STRAWBERRY PUREE, YELLOW CORN FLOUR, MALIC ACID, BAKING SODA, FRESHNESS PRESERVED BY BHT. CONTAINS: WHEAT, MILK, SOY [903301]