

## Cheetos Puffs, Flamin Hot

### Nutrition Facts

Serving Size: Each

### **ALLERGENS**

Milk

Amount Per Serving

Calories: 90

Calories from Fat: 32

<b>Total Fat:</b>	<b>3.5g</b>
Saturated Fat:	.0g
Trans Fat:	0.00
<b>Cholesterol:</b>	<b>0mg</b>
<b>Sodium:</b>	<b>135mg</b>
<b>Total Carbohydrate:</b>	<b>14.0g</b>
Dietary Fiber:	1.0g
Sugars:	.0g
<b>Protein:</b>	<b>2.0g</b>

Vitamin A: 0RE

Vitamin C: .0mg

Calcium: 80.0mg

Iron: .7mg

The accuracy of the information shown above is based on data obtained from food manufacturers, food distributors, product packaging, and the USDA Child Nutrition database. Ingredients and menu items are subject to change or substitution. Please consult your own physician or medical professional for assistance with your specific medical or dietary situation.

### Ingredients

Cheetos, RF Flamin' Hot Puffs, WG RF (mfg label): WHOLE CORNMEAL, ENRICHED CORN MEAL (CORN MEAL, FERROUS SULFATE, NIACIN, THIAMIN MONONITRATE, RIBOFLAVIN, AND FOLIC ACID), VEGETABLE OIL (CORN, CANOLA, AND/OR SUNFLOWER OIL), SEA MINERALS (CALCIUM CARBONATE AND MAGNESIUM CARBONATE), SALT, SUGAR, MONOSODIUM GLUTAMATE, YEAST EXTRACT, CITRIC ACID, ARTIFICIAL COLOR (RED 40 LAKE, YELLOW 6 LAKE, YELLOW 6, YELLOW 5), HYDROLYZED CORN PROTEIN, ONION POWDER, CHEDDAR CHEESE (MILK, CHEESE CULTURES, SALT, ENZYMES), WHEY, MALTODEXTRIN (MADE FROM CORN), WHEY PROTEIN CONCENTRATE, GARLIC POWDER, BUTTERMILK, NATURAL FLAVOR, SODIUM DIACETATE, LACTIC ACID, DISODIUM INOSINATE, DISODIUM GUANYLATE, AND SKIM MILK. CONTAINS MILK INGREDIENTS. [903354]