

Cheeseburger

Nutrition Facts

Serving Size: Each

ALLERGENS

Milk, Soy, Wheat

Amount Per Serving

Calories: 375

Calories from Fat: 153

Total Fat:	17.0g
Saturated Fat:	6.3g
Trans Fat:	0.00
Cholesterol:	68mg
Sodium:	575mg
Total Carbohydrate:	28.0g
Dietary Fiber:	2.0g
Sugars:	5.0g
Protein:	26.5g

Vitamin A: 150RE

Vitamin C: .0mg

Calcium: 160.0mg

Iron: 3.2mg

The accuracy of the information shown above is based on data obtained from food manufacturers, food distributors, product packaging, and the USDA Child Nutrition database. Ingredients and menu items are subject to change or substitution. Please consult your own physician or medical professional for assistance with your specific medical or dietary situation.

Ingredients

Bun, Hamburger Grain Essential #3474 (mfg label): WHITE WHOLE WHEAT FLOUR, ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, HIGH FRUCTOSE CORN SYRUP, YEAST, WHEAT GLUTEN, SOYBEAN OIL, CONTAINS 2% OR LESS OF THE FOLLOWING: SALT, HONEY, INVERT SUGAR, CORN SYRUP, WHEAT STARCH, MOLASSES, SODIUM STEAROYL LACTYLATE, VINEGAR, CALCIUM PROPIONATE (PRESERVATIVE), CALCIUM SULFATE, ASCORBIC ACID, AMMONIUM SULFATE, CITRIC ACID, ETHOXYLATED MONO- AND DIGLYCERIDES. CONTAINS: WHEAT [902067]

Cheese, American Sliced RF RS OH proc (mfg label): Reduced Fat Cheddar Cheese [Pasteurized Reduced Fat Milk, Cheese Culture, Salt, Enzymes, Annatto (Vegetable Color), Vitamin A Palmitate], Potato Starch and Powdered Cellulose (To Prevent Caking), Natamycin (A Natural Mold Inhibitor). CONTAINS MILK [990125]

Flamebroiled Beef Steak Burger 3 oz (mfg label): BEEF, SEASONING (SALT, DEXTROSE, NATURAL FLAVORS, SPICE), NATURAL FLAVORING [903472]