

Cheese, Parmesan

Nutrition Facts

Serving Size: 2 tsp

ALLERGENS

Milk

Amount Per Serving

Calories: 18

Calories from Fat: 11

Total Fat:	1.3g
Saturated Fat:	.8g
Trans Fat:	0.00
Cholesterol:	3mg
Sodium:	55mg
Total Carbohydrate:	.0g
Dietary Fiber:	.0g
Sugars:	.0g
Protein:	1.5g

Vitamin A: 0RE

Vitamin C: .0mg

Calcium: 50.0mg

Iron: .0mg

The accuracy of the information shown above is based on data obtained from food manufacturers, food distributors, product packaging, and the USDA Child Nutrition database. Ingredients and menu items are subject to change or substitution. Please consult your own physician or medical professional for assistance with your specific medical or dietary situation.

Ingredients

Cheese, Parmesan Grated (mfg label): GRATED PARMESAN CHEESE (PASTEURIZED PART-SKIM MILK, CHEESE CULTURES, SALT, ENZYMES), POWDERED CELLULOSE TO PREVENT CAKING, AGED 10 MONTHS OR MORE. CONTAINS: MILK [900094]