

Cereal Bar, Cocoa Puffs, WG

Nutrition Facts

Serving Size: Each

ALLERGENS

Soy, Wheat

Amount Per Serving

Calories: 150

Calories from Fat: 27

Total Fat:	3.0g
Saturated Fat:	.0g
Trans Fat:	0.00
Cholesterol:	0mg
Sodium:	100mg
Total Carbohydrate:	30.0g
Dietary Fiber:	3.0g
Sugars:	9.0g
Protein:	3.0g

Vitamin A: 100RE

Vitamin C: 1.2mg

Calcium: 200.0mg

Iron: 1.8mg

The accuracy of the information shown above is based on data obtained from food manufacturers, food distributors, product packaging, and the USDA Child Nutrition database. Ingredients and menu items are subject to change or substitution. Please consult your own physician or medical professional for assistance with your specific medical or dietary situation.

Ingredients

Cereal Bar, Cocoa Puffs WG (mfg label): WHOLE GRAIN OATS, CEREAL (WHOLE GRAIN CORN, SUGAR, CORN MEAL, CORN SYRUP, COCOA PROCESSED WITH ALKALI, CANOLA AND/OR RICE BRAN OIL, CARAMEL COLOR, SALT, FRUCTOSE, TRISODIUM PHOSPHATE, NATURAL FLAVOR.VITAMINS AND MINERALS: TRICALCIUM PHOSPHATE, CALCIUM CARBONATE, ZINC AND IRON (MINERAL NUTRIENTS), VITAMIN C (SODIUM ASCORBATE), A B VITAMIN (NIACINAMIDE), VITAMIN B6 (PYRIDOXINE HYDROCHLORIDE), VITAMIN B2 (RIBOFLAVIN), VITAMIN B1 (THIAMIN MONONITRATE), VITAMIN A (PALMITATE), A B VITAMIN (FOLIC ACID), VITAMIN B12, VITAMIN D3.), CORN SYRUP, SUGAR, WHOLE GRAIN WHEAT FLOUR, FRUCTOSE, RICE BRAN OIL, BROWN RICE FLOUR, CHICORY ROOT EXTRACT. CONTAINS 2% OR LESS OF: COCOA PROCESSED WITH ALKALI, GLYCERIN, CALCIUM CARBONATE, MALTODEXTRIN, MODIFIED WHEAT STARCH, WHOLE CORN FLOUR, YELLOW CORN FLOUR, SALT, COLOR ADDED, GELATIN, BAKING SODA, ARTIFICIAL FLAVOR, SOY LECITHIN. BHT AND OIL OF ROSEMARY ADDED TO PRESERVE FRESHNESS. CONTAINS: WHEAT, SOY [902916]