

Bread, Sandwich, WG

Nutrition Facts

Serving Size: 2 Slices

ALLERGENS

Wheat

Amount Per Serving

Calories: 140

Calories from Fat: 9

Total Fat:	1.0g
Saturated Fat:	.0g
Trans Fat:	0.00
Cholesterol:	0mg
Sodium:	150mg
Total Carbohydrate:	26.0g
Dietary Fiber:	4.0g
Sugars:	2.0g
Protein:	6.0g

Vitamin A: 10RE

Vitamin C: .0mg

Calcium: 40.0mg

Iron: 1.4mg

The accuracy of the information shown above is based on data obtained from food manufacturers, food distributors, product packaging, and the USDA Child Nutrition database. Ingredients and menu items are subject to change or substitution. Please consult your own physician or medical professional for assistance with your specific medical or dietary situation.

Ingredients

Bread, WG Sandwich Bread #1292 (mfg label): WATER, WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), CORN SYRUP, WHEAT GLUTEN, POLYDEXTROSE, CONTAINS 2% OR LESS OF THE FOLLOWING: SOYBEAN OIL, YEAST, SALT, DOUGH CONDITIONERS (MONOGLYCERIDES, ETHOXYLATED MONO- AND DIGLYCERIDES, ASCORBIC ACID, AZODICARBONAMIDE, CALCIUM PEROXIDE), YEAST NUTRIENTS (CALCIUM SULFATE, AMMONIUM SULFATE), CITRIC ACID, CALCIUM PROPIONATE (PRESERVATIVE). CONTAINS: WHEAT [903126]