Beef Manhattan - Open Face Roast Beef Sandwich

Nutrition Facts

Serving Size: Serving

ALLERGENS
Milk, Soy, Wheat

Amount Per Serving

Calories: 550	Calories from Fat: 73

Total Fat:	**8.1g**
Saturated Fat:	2.4g
Trans Fat:	0.00
Cholesterol:	**95mg**
Sodium:	**3,521mg**
Total Carbohydrate:	**59.4g**
Dietary Fiber:	2.0g
Sugars:	2.0g
Protein:	**36.5g**

Vitamin A: 11RE	Vitamin C: .0mg	Calcium: 55.2mg	Iron: 5.2mg

The accuracy of the information shown above is based on data obtained from food manufacturers, food distributors, product packaging, and the USDA Child Nutrition database. Ingredients and menu items are subject to change or substitution. Please consult your own physician or medical professional for assistance with your specific medical or dietary situation.

Ingredients

Bread, WG Sandwich Bread #1292 (mfg label): WATER, WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), CORN SYRUP, WHEAT GLUTEN, POLYDEXTROSE, CONTAINS 2% OR LESS OF THE FOLLOWING: SOYBEAN OIL, YEAST, SALT, DOUGH CONDITIONERS (MONOGLYCERIDES, ETHOXYLATED MONO- AND DIGLYCERIDES, ASCORBIC ACID, AZODICARBONAMIDE, CALCIUM PEROXIDE), YEAST NUTRIENTS (CALCIUM SULFATE, AMMONIUM SULFATE), CITRIC ACID, CALCIUM PROPIONATE (PRESERVATIVE). CONTAINS: WHEAT [903126]

Gravy, Roasted Beef (mfg label): ENRICHED BLEACHED FLOUR (WHEAT FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), FOOD STARCH-MODIFIED, SALT, PALM OIL, COLOR ADDED, HYDROLYZED VEGETABLE PROTEIN (CORN, SOY, AND/OR WHEAT), SUGAR, MALTODEXTRIN, ONION, CORN SYRUP SOLIDS, Contains less than 2%: NATURAL FLAVORS, GARLIC, SODIUM CASEINATE, AUTOLYZED YEAST EXTRACT, MONO & DIGLYCERIDES, DISODIUM INOSINATE, DISODIUM GUANYLATE, LACTIC ACID, SUCCINIC ACID, SOY SAUCE (SOYBEANS, WHEAT, SALT), GUM ACACIA,GUM ARABIC, WHEY PROTEIN CONCENTRATE, GLUTAMIC ACID, CALCIUM LACTATE CONTAINS ALLERGENS: WHEAT, MILK, SOY CONTAINS: :Milk,Soy,Wheat [903737]

Sous Vide Beef, JTM (mfg label): BEEF STEW MEAT [903689]