

# Turkey Bacon, Egg & Cheese Breakfast Boat

## Nutrition Facts

Serving Size: Each

## ALLERGENS

Eggs, Milk, Soy, Wheat

Amount Per Serving

Calories: 200

Calories from Fat: 72

**Total Fat:** 8.0g

Saturated Fat: 2.5g

Trans Fat: 0.00

**Cholesterol:** 50mg

**Sodium:** 330mg

**Total Carbohydrate:** 25.0g

Dietary Fiber: 2.0g

**Protein:** 8.0g

Vitamin A: 400RE

Vitamin C: .0mg

Calcium: 100.0mg

Iron: 1.8mg

The accuracy of the information shown above is based on data obtained from food manufacturers, food distributors, product packaging, and the USDA Child Nutrition database. Ingredients and menu items are subject to change or substitution. Please consult your own physician or medical professional for assistance with your specific medical or dietary situation.

## Ingredients

Breakfast Boat (Turkey Bacon, Egg & Che (mfg label): BREAD (WATER, WHOLE WHEAT FLOUR, ENRICHED UNBLEACHED WHEAT FLOUR (FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE (B1), RIBOFLAVIN (B2), FOLIC ACID), SOYBEAN OIL, SUGAR, CONTAINS 2% OR LESS OF HONEY GRANULES (REFINERY SYRUP, HONEY), DOUGH CONDITIONERS (SWEET WHEY, AMMONIUM SULFATE, L-CYSTEINE, HYDRATED MONOGLYCERIDES, ISOLATED SOY PROTEIN, MONO AND DIGLYCERIDES, MODIFIED CELLULOSE, SALT, SOY LECITHIN), VITAL WHEAT GLUTEN, YEAST, SALT SUBSTITUTE (SODIUM GLUCONATE, POTASSIUM CHLORIDE, SODIUM CHLORIDE)), SAUCE (WATER, SEASONING BLEND (MODIFIED CORN STARCH, MALTODEXTRIN, PARTIALLY HYDROGENATED SOYBEAN OIL, WHEY, DEHYDRATED BLEND OF CHEESES [GRANULAR, BLUE, (MILK, CHEESE CULTURES, SALT, ENZYMES)], LACTOSE, YEAST EXTRACT, WHEY PROTEIN CONCENTRATE, NATURAL AND ARTIFICIAL FLAVORS, SALT, SODIUM CASEINATE, SODIUM PHOSPHATE, LACTIC ACID, CITRIC ACID, GUAR GUM, SODIUM BICARBONATE, DIPOTASSIUM PHOSPHATE, ANNATTO AND TURMERIC), DEHYDRATED ONION, METHYLCELLULOSE, SPICE, NATURAL SMOKE FLAVOR), CHEESE BLEND (LOW MOISTURE PART SKIM MOZZARELLA CHEESE (PASTEURIZED PART SKIM MILK, CULTURES, SALT, ENZYMES), SUBSTITUTE MOZZARELLA CHEESE (WATER, CORN OIL AND/OR SOY OIL, CASEIN (MILK PROTEIN), MODIFIED FOOD STARCH, WHEY, NONFAT DRY MILK, NATURAL FLAVOR, SODIUM ALUMINUM PHOSPHATE, SALT, LACTIC ACID, SODIUM PHOSPHATE, POTASSIUM CHLORIDE, CITRIC ACID, TRICALCIUM PHOSPHATE, SORBIC ACID (AS A PRESERVATIVE), XANTHAN GUM, VITAMIN AND MINERAL SUPPLEMENT (MAGNESIUM OXIDE, DICALCIUM PHOSPHATE, ZINC OXIDE, RIBOFLAVIN (VITAMIN B2), ELECTROLYTIC IRON, FOLIC ACID, PYRIDOXINE HYDROCHLORIDE (VITAMIN B6), NIACINAMIDE, THIAMINE MONONITRATE (VITAMIN B1), CYANOCOBALAMIN (VITAMIN B12), VITAMIN A PALMITATE), SUBSTITUTE YELLOW CHEDDAR CHEESE BLEND (WATER, CASEIN, SOYBEAN OIL, WHEY, CHEDDAR CHEESE (MILK, CHEESE CULTURE, SALT, ENZYMES), MODIFIED CORN STARCH, CONTAINS 2% OR LESS OF SODIUM ALUMINUM PHOSPHATE, SODIUM CITRATE, SALT, LACTIC ACID, SODIUM PHOSPHATES, SORBIC ACID (PRESERVATIVE), ANNATTO, NATURAL FLAVOR, MONO AND DIGLYCERIDES, MAGNESIUM OXIDE, NIACINAMIDE (VITAMIN B3), FERRIC ORTHOPHOSPHATE, ZINC OXIDE, CYANOCOBALAMIN (VITAMIN B12), PYRIDOXINE HYDROCHLORIDE (VITAMIN B6), RIBOFLAVIN, THIAMINE MONONITRATE (VITAMIN B1), FOLIC ACID, VITAMIN A PALMITATE)), EGGS & TURKEY BACON BLEND (EGGS (WHOLE EGGS, SKIM MILK, SOYBEAN OIL, CORN STARCH, SALT, XANTHAN GUM, CITRIC ACID), TURKEY BACON (WHITE TURKEY, MECHANICALLY SEPARATED TURKEY, TURKEY FAT, SALT, SUGAR, WATER, CONTAINS 2% OR LESS BACON TYPE FLAVOR (CORN MALTODEXTRIN, ACACIA GUM, NATURAL AND ARTIFICIAL FLAVOR, HYDROLYZED CORN PROTEIN, YEAST EXTRACT, MODIFIED CORN STARCH, XANTHAN GUM, SUCCINIC ACID), NATURAL SMOKE FLAVORING, SODIUM ERYTHORBATE, ROSEMARY EXTRACT, SMOKE BACON FLAVOR (MALTODEXTRIN, AUTOLYZED YEAST EXTRACT, NATURAL FLAVOR (CONTAINS NATURAL SMOKE FLAVOR), SUGAR, SALT), SODIUM NITRITE, VEGETABLE OIL). CONTAINS: EGG, MILK, SOY, WHEAT. [903540]