

Tater Tots

Nutrition Facts

Serving Size: 1/2 Cup

Amount Per Serving

Calories: 90

Calories from Fat: 32

Total Fat:	3.5g
Saturated Fat:	.0g
Trans Fat:	0.00
Cholesterol:	0mg
Sodium:	170mg
Total Carbohydrate:	14.0g
Dietary Fiber:	1.0g
Sugars:	.0g
Protein:	1.0g

Vitamin A: 0RE

Vitamin C: .0mg

Calcium: .0mg

Iron: .4mg

The accuracy of the information shown above is based on data obtained from food manufacturers, food distributors, product packaging, and the USDA Child Nutrition database. Ingredients and menu items are subject to change or substitution. Please consult your own physician or medical professional for assistance with your specific medical or dietary situation.

Ingredients

Potato, Tater Tots McCain Red. Sodium (mfg label): POTATOES, VEGETABLE OIL (CONTAINS ONE OR MORE OF THE FOLLOWING OILS: CANOLA, SOYBEAN, COTTONSEED, SUNFLOWER, CORN). CONTAINS 2% OR LESS OF DEXTROSE, MODIFIED CELLULOSE, NATURAL FLAVOR, SALT, SODIUM ACID PYROPHOSPHATE ADDED TO MAINTAIN NATURAL COLOR. [903606]