

Pop-Tart, Cinnamon, WG (1 Ct)

Nutrition Facts

Serving Size: Each

ALLERGENS

Soy, Wheat

Amount Per Serving

Calories: 180

Calories from Fat: 27

Total Fat:	3.0g
Saturated Fat:	1.0g
Trans Fat:	0.00
Cholesterol:	0mg
Sodium:	190mg
Total Carbohydrate:	37.0g
Dietary Fiber:	3.0g
Protein:	2.0g

Vitamin A: 500RE

Vitamin C: .0mg

Calcium: 100.0mg

Iron: 1.8mg

The accuracy of the information shown above is based on data obtained from food manufacturers, food distributors, product packaging, and the USDA Child Nutrition database. Ingredients and menu items are subject to change or substitution. Please consult your own physician or medical professional for assistance with your specific medical or dietary situation.

Ingredients

Pop-Tart, WG Cinnamon (1 Ct) (mfg label): WHOLE WHEAT FLOUR, SUGAR, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE [VITAMIN B1], RIBOFLAVIN [VITAMIN B2], FOLIC ACID), CORN SYRUP, DEXTROSE, SOYBEAN AND PALM OIL (WITH TBHQ FOR FRESHNESS), CRACKER MEAL, POLYDEXTROSE, GLYCERIN, CONTAINS TWO PERCENT OR LESS OF MALTODEXTRIN, MOLASSES, CALCIUM CARBONATE, SALT, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA), WHEAT STARCH, CINNAMON, SODIUM STEAROYL LACTYLATE, DATEM, GELATIN, CARMEL COLOR, XANTHAN GUM, VITAMIN A PALMITATE, NIACINAMIDE, REDUCED IRON, PYRIDOXINE HYDROCHLORIDE (VITAMIN B6), RIBOFLAVIN (VITAMIN B2), THIAMIN HYDROCHLORIDE (VITAMIN B1), FOLIC ACID, SOY LECITHIN. CONTAINS: WHEAT AND SOY [903150]

