

Mini Eggo Pancakes w/ Scrambled Eggs

Nutrition Facts

Serving Size: Each

ALLERGENS

Eggs, Milk, Soy, Wheat

Amount Per Serving

Calories: 302

Calories from Fat: 110

Total Fat: 12.2g

Saturated Fat: 3.0g

Trans Fat: 0.00

Cholesterol: 245mg

Sodium: 501mg

Total Carbohydrate: 36.1g

Dietary Fiber: 4.0g

Protein: 11.4g

Vitamin A: 783RE

Vitamin C: .0mg

Calcium: 94.0mg

Iron: 3.7mg

The accuracy of the information shown above is based on data obtained from food manufacturers, food distributors, product packaging, and the USDA Child Nutrition database. Ingredients and menu items are subject to change or substitution. Please consult your own physician or medical professional for assistance with your specific medical or dietary situation.

Ingredients

Pancakes, Mini Whole Grain Eggo NEW (mfg label): ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, VITAMIN B1 [THIAMIN MONONITRATE], VITAMIN B2 [RIBOFLAVIN], FOLIC ACID), WATER, HIGH FRUCTOSE CORN SYRUP, SOYBEAN AND/OR CANOLA OIL, BUTTERMILK, EGGS, CONTAINS 2% OR LESS OF LEAVENING (BAKING SODA, SODIUM ALUMINUM PHOSPHATE, MONOCALCIUM PHOSPHATE), SALT, SOY LECITHIN. VITAMINS AND MINERALS: VITAMIN A PALMITATE, REDUCED IRON, NIACINAMIDE, VITAMIN B12, VITAMIN B6 (PYRIDOXINE HYDROCHLORIDE), VITAMIN B1 (THIAMIN HYDROCHLORIDE), VITAMIN B2 (RIBOFLAVIN). CONTAINS WHEAT, MILK, EGG AND SOY. [903233]

Scrambled Eggs Cooked (mfg label): WHOLE EGGS, SKIM MILK, SOYBEAN OIL, MODIFIED CORN STARCH, SALT, XANTHAN GUM, LIQUID PEPPER EXTRACT, CITRIC ACID, NATURAL AND ARTIFICIAL BUTTER FLAVOR (BUTTER [CREAM], LIPOLYZED BUTTER OIL, MEDIUM CHAIN TRIGLYCERIDES, NATURAL AND ARTIFICIAL FLAVORS, SOYBEAN OIL AND ANNATTO EXTRACT). CONTAINS: EGGS, MILK AND SOY [601438]

