

# Hamburger

## Nutrition Facts

Serving Size: Each

## **ALLERGENS**

Soy, Wheat

Amount Per Serving

Calories: 321

Calories from Fat: 140

<b>Total Fat:</b>	<b>15.6g</b>
Saturated Fat:	5.0g
Trans Fat:	0.50
<b>Cholesterol:</b>	<b>35mg</b>
<b>Sodium:</b>	<b>552mg</b>
<b>Total Carbohydrate:</b>	<b>28.0g</b>
Dietary Fiber:	2.0g
Sugars:	4.0g
<b>Protein:</b>	<b>18.1g</b>

Vitamin A: 121RE

Vitamin C: .0mg

Calcium: 100.3mg

Iron: 3.3mg

The accuracy of the information shown above is based on data obtained from food manufacturers, food distributors, product packaging, and the USDA Child Nutrition database. Ingredients and menu items are subject to change or substitution. Please consult your own physician or medical professional for assistance with your specific medical or dietary situation.

## Ingredients

Beef Pattie, Pierre Charbroil Deluxe (mfg label): GROUND BEEF (NOT MORE THAN 30% FAT), WATER, TEXTURED VEGETABLE PROTEIN PRODUCT [SOY PROTEIN CONCENTRATE, CARAMEL COLOR, ZINC OXIDE, NIACINAMIDE, FERROUS SULFATE, COPPER GLUCONATE, VITAMIN A PALMITATE, CALCIUM PANTOTHENATE, THIAMINE MONONITRATE (B1), PYRIDOXINE HYDROCHLORIDE (B6), RIBOFLAVIN (B2), CYANOCOBALAMIN (B12)], SEASONING (HYDROLYZED CORN PROTEIN, DEXTROSE, SALT, ONION POWDER, SPICES). SODIUM TRIPOLYPHOSPHATES. CONTAINS SOY. [903133]

Bun, Hamburger WG #3474 NEW SY 12- (mfg label): WHOLE WHEAT FLOUR, WATER, ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), CORN SYRUP, YEAST, WHEAT GLUTEN, SOYBEAN OIL, CONTAINS 2% OR LESS OF THE FOLLOWING: SALT, HONEY, INVERT SUGAR, DOUGH CONDITIONERS (MONOGLYCERIDES, SODIUM STEAROYL LACTYLATE, ETHOXYLATED MONO- AND DIGLYCERIDES, ASCORBIC ACID, CALCIUM PEROXIDE, AZODICARBONAMIDE), MOLASSES, WHEAT STARCH, SOY LECITHIN, CALCIUM PROPIONATE (PRESERVATIVE), YEAST NUTRIENTS (CALCIUM SULFATE, AMMONIUM SULFATE), CITRIC ACID. CONTAINS: WHEAT, SOY [903106]