

## Fish Sticks, Mini

### Nutrition Facts

Serving Size: 4 Sticks

### ALLERGENS

Fish, Milk, Wheat

#### Amount Per Serving

Calories: 170

Calories from Fat: 72

<b>Total Fat:</b>	<b>8.0g</b>
Saturated Fat:	1.3g
Trans Fat:	0.00
<b>Cholesterol:</b>	<b>13mg</b>
<b>Sodium:</b>	<b>292mg</b>
<b>Total Carbohydrate:</b>	<b>13.3g</b>
Dietary Fiber:	.0g
<b>Protein:</b>	<b>9.3g</b>

Vitamin A: 7RE

Vitamin C: .0mg

Calcium: .0mg

Iron: 1.0mg

The accuracy of the information shown above is based on data obtained from food manufacturers, food distributors, product packaging, and the USDA Child Nutrition database. Ingredients and menu items are subject to change or substitution. Please consult your own physician or medical professional for assistance with your specific medical or dietary situation.

### Ingredients

Fish Sticks, 1 oz Portbty (mfg label): 64.2% ALASKA POLLOCK 35.8 % BATTER & BREADING: ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, LESS THAN 2% OF THE FOLLOWING: DRIED WHEY, FOOD STARCH-MODIFIED, GARLIC POWDER, IODIZED SALT, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE), MODIFIED CORN STARCH, PARTIALLY HYDROGENATED SOYBEAN OIL, SALT, SUGAR, YEAST, YELLOW CORN FLOUR. PARFRIED IN VEGETABLE OIL (SOYBEAN OR CANOLA). CONTAINS: FISH, MILK, WHEAT [903173]

