

Chicken Tenders, Regular

Nutrition Facts

Serving Size: 3 Each

ALLERGENS

Soy, Wheat

Amount Per Serving

Calories: 210

Calories from Fat: 99

Total Fat:	11.0g
Saturated Fat:	2.0g
Trans Fat:	0.00
Cholesterol:	55mg
Sodium:	730mg
Total Carbohydrate:	13.0g
Dietary Fiber:	1.0g
Sugars:	1.0g
Protein:	15.0g

Vitamin A: 100RE

Vitamin C: .0mg

Calcium: 20.0mg

Iron: 1.8mg

The accuracy of the information shown above is based on data obtained from food manufacturers, food distributors, product packaging, and the USDA Child Nutrition database. Ingredients and menu items are subject to change or substitution. Please consult your own physician or medical professional for assistance with your specific medical or dietary situation.

Ingredients

Chicken Tenders, WG (Tyson) 3859-928 (mfg label): CHICKEN, WATER, WHOLE WHEAT FLOUR, ISOLATED SOY PROTEIN, CONTAINS 2% OR LESS OF THE FOLLOWING: DEXTROSE, EXTRACTIVES OF PAPRIKA AND ANNATTO, GARLIC POWDER, NATURAL FLAVOR, SALT, SPICE EXTRACTIVES (INCLUDING EXTRACTIVES OF CELERY SEED), SPICES (INCLUDING CELERY SEED). BREADING SET IN VEGETABLE OIL. CONTAINS: SOY, WHEAT [903683]