

Beans, Black Chipotle

Nutrition Facts

Serving Size: 1/2 Cup

ALLERGENS

Milk, Soy, Wheat

Amount Per Serving

Calories: 107

Calories from Fat: 2

Total Fat:	.3g
Saturated Fat:	.1g
Trans Fat:	0.02
Cholesterol:	0mg
Sodium:	186mg
Total Carbohydrate:	19.1g
Dietary Fiber:	6.1g
Protein:	7.2g

Vitamin A: 57RE

Vitamin C: .5mg

Calcium: 42.1mg

Iron: 2.8mg

The accuracy of the information shown above is based on data obtained from food manufacturers, food distributors, product packaging, and the USDA Child Nutrition database. Ingredients and menu items are subject to change or substitution. Please consult your own physician or medical professional for assistance with your specific medical or dietary situation.

Ingredients

Bean, Black Commodities (mfg label): Prepared Black Beans, Water, Salt, Ferrous Gluconate, Calcium Chloride to Help Maintain Firmness. [903304]

Chipotle Flavor Concentrate Ppr Nestle (mfg label): PEPPERS (RED, JALAPENO), SAUTEED VEGETABLES (ONIONS, CARROTS AND CELERY), MALTODEXTRIN, CHIPOTLE POWDER, SALT, CORN OIL, OLIVE OIL, SORBITOL, WATER, SPICES, MOLASSES, ONION POWDER, VINEGAR, SUGAR, MODIFIED FOOD STARCH, PALM OIL, GARLIC, HYDROLYZED (CORN AND WHEAT GLUTEN, SOY) PROTEINS, SOYBEAN OIL, POTASSIUM SORBATE, YEAST EXTRACT, CITRIC ACID, CANOLA OIL, DISODIUM INOSINATE/DISODIUM GUANYLATE, NATURAL FLAVOR, LACTIC ACID, LIPOLYZED BUTTER OIL, NATURAL SMOKE FLAVOR. CONTAINS: MILK, SOY AND WHEAT [902089]

Tomato Paste, Fancy 26% Solids (mfg label): TOMATO PULP [902091]

WATER,MUNICIPAL-USE (mfg label): WATER [903215]

