

MJUSD Snack Menu 2013-14

Allergen: Wheat

Cereal Bar: Cinnamon Toast Crunch
Golden Grahams
Trix
Cereal: Apple Jacks
Cheerios
Choc. Mini Wheat's
Frosted Flakes
Honey Nut Cheerios
Cherry Whole Grain Muffin
Chocolate Chip Whole Grain Chortles
Kids Snack Mix
Nutri-Grain Cereal Bar: Raspberry,
Strawberry, Apple Cinnamon
Sun Chips
Whole Grain Chocolate Graham

Allergen: Egg

Cherry WG Muffin
Chocolate Chip WG Muffin

Allergen: Peanut

None

Allergen: Tree Nut

Cereal: Honey Nut Cheerios

Allergen: Soy

Cereal: Frosted Flakes
Cherry Muffin
Chocolate Chip WG Muffin
Cinnamon WG Grahams
Nutri-Grain Cereal Bar: Raspberry,
Strawberry, Apple Cinnamon
Sunflower Seeds
WG Chocolate Graham

Allergen: Milk

Chocolate Chip WG Muffin
Cinnamon WG Grahams
Kid's Snack Mix
Nutri-Grain Cereal Bar: Raspberry,
Strawberry, Apple Cinnamon
String Cheese
Yogurt
WG Chocolate Graham

Allergen: Fish

None

Allergen: Shellfish

None
