



## Allergen: Shellfish

| <b>Lunch Entrees</b> | <b>Lunch Sides &amp; Condiments</b> | <b>Breakfast</b> |
|----------------------|-------------------------------------|------------------|
| None                 | None                                | None             |

## Allergen: Milk

| <b>Lunch Entrees</b>  | <b>Lunch Sides &amp; Condiments</b>     | <b>Breakfast</b>   |
|---|---|--|
| Beef Cheeseburger Slider<br>Beef Honey Rib Sandwich/Bun<br>Cheese MaxStix<br>Cheese Pizza<br>Cheese Puppie Bagel Dog<br>Chicken BBQ MaxSnax<br>Chicken Fiesta Sub Sandwich/Bun<br>Chicken Strips<br>Chocolate Elf Graham<br>Country Gravy<br>Crunchy Chicken Sandwich/Bun<br>Grilled Cheese Sandwich<br>Macaroni & Cheese<br>Mashed Potatoes<br>Meatball with Marinara & Cheese<br>Mesquite Chicken<br>Muffin Top: Sweet Potato<br>Nacho Mix/Turkey & Cheese<br>Orange Chicken<br>Pepperoni & Cheese Pizza<br>Pepperoni Pocket Sandwich<br>Pork Carnitas Taco<br>Pork Chop<br>Pork Egg Roll<br>Pork Honey Rib Sandwich/Bun<br>Sloppy Joe Sandwich/Bun<br>Taco Pocket<br>Tetrazzini Noodles<br>Turkey Corndog<br>Turkey Sandwich/Bun<br>Turkey Sandwich w/Cheese/Bun<br>Turkey Taco & Cheese<br>Waffle Stix<br>Wheat Dinner Roll | Chocolate Chip Cookie<br>Ranch Dressing | Bagel, Whole Grain<br>Biscuit<br>Breakfast Bagel Pizza<br>Breakfast Sausage Pizza Square<br>Chicken Breakfast Sandwich<br>Chicken Sausage Biscuit<br>Cinnamon Roll<br>Cinnamon Tastrie<br>Colby Cheese Omelet<br>Cream Cheese<br>Egg & Cheddar Fritata<br>Egg & Cheese Flatbread<br>Egg Patties<br>Eggs: Scrambled<br>French Toast: Cinnamon<br>Pancakes: Whole Grain<br>Pancake Sausage on a Stick (Pork)<br>Sausage Egg & Cheese Bites<br>String Cheese<br>Waffle Stix<br>Yogurt |

## Allergen: Soy

| Lunch Entrees   | Lunch Sides & Condiments                | Breakfast   |
|---|---|---|
| Bean & Cheese Burrito<br>Beef Cheeseburger Slider<br>Beef Fiestada<br>Beef Lasagna<br>BBQ Beef Honey Rib Sandwich/Bun<br>BBQ Pork Honey Rib Sandwich/Bun<br>Beef Teriyaki Dunkers<br>Cheese MaxStix<br>Cheese Steak Sandwich/Bun<br>Chicken BBQ MaxSnax<br>Chicken Fiesta Sub Sandwich/Bun<br>Chicken Nugget<br>Chicken Sandwich /Bun<br>Chicken Strips<br>Chicken Taquitos<br>Chicken Teriyaki<br>Chocolate Chip Chortle Cookies<br>Chocolate Elf Graham<br>Country Gravy<br>Crunchy Chicken Sandwich/Bun<br>Fried Rice<br>Grilled Cheese Sandwich<br>Hamburger/Bun<br>Italian Pocket Thin<br>Mandarin Orange Chicken<br>Mashed Potatoes<br>Meatball w/Marinara & Cheese<br>Muffin Top: Sweet Potato<br>Nacho Mix / Turkey & Cheese<br>Orange Chicken<br>Pepperoni & Cheese Pizza<br>Pepperoni Pocket<br>Popcorn Chicken<br>Pork Egg Roll<br>Potato Rounds<br>Sloppy Joe/Bun<br>Spicy Chicken Sandwich/Bun<br>Sweet & Sour Chicken<br>Taco Pocket<br>Tortilla Chips<br>Tortilla: Flour, 8"<br>Turkey Corndog<br>Turkey & Gravy<br>Turkey Hot Dog/Bun<br>Turkey Sandwich/Bun<br>Turkey & Cheese Sandwich/Bun<br>Wheat Dinner Roll | Chocolate Chip Cookie<br>Ranch Dressing | Biscuit<br>Breakfast Bagel Pizza<br>Cereal: Frosted Flakes<br>Chicken Breakfast Sandwich<br>Cinnamon Tastrie<br>Cinnamon Roll<br>Colby Cheese Omelet<br>Egg & Cheddar Fritata<br>Egg & Cheese Flatbread<br>EGG Patties<br>Muffin: Blueberry, Cherry<br>Nutri-Grain Cereal Bar: Strawberry, Raspberry, Apple Cinnamon<br>Pancake: Whole Grain<br>Pancake Sausage on a Stick<br>Potato Rounds<br>Sausage Egg & Cheese Bites<br>Sausage Pizza Square |

## Allergen: Wheat

| <b>Lunch Entrees</b>  | <b>Lunch Sides &amp; Condiments</b> | <b>Breakfast</b>   |
|---|-------------------------------------|--|
| Beef Cheeseburger Slider<br>Bean & Cheese Burrito<br>BBQ Beef Honey Rib Sandwich/Bun<br>BBQ Pork Honey Rib Sandwich/Bun<br>Beef Teriyaki Dunkers<br>Cheese Pizza<br>Cheese Puppie Bagel Dog<br>Cheese Steak Sandwich/Bun<br>Chicken BBQ MaxSnax<br>Chicken Fiesta Sub Sandwich/Bun<br>Chicken Noodle Soup<br>Chicken Nugget<br>Chicken Strips<br>Chocolate Chip Chortle<br>Chocolate Elf Graham<br>Country Gravy<br>Crunchy Chicken Sandwich/Bun<br>Fried Rice<br>Grilled Cheese Sandwich<br>Italian Pocket Thin<br>Macaroni & Cheese<br>Mandarin Orange Chicken<br>Meatball W/ Marinara & Cheese<br>Muffin Top: Sweet Potato<br>Orange Chicken<br>Pepperoni & Cheese Pizza<br>Pepperoni Pocket Sandwich<br>Pizza Beef Fiestada<br>Popcorn Chicken<br>Pork Carnitas Taco<br>Pork Chop<br>Pork Egg Roll<br>Seasoned Potato Wedges<br>Sloppy Joe/Bun<br>Spicy Chicken Sandwich/Bun<br>Sun chips<br>Sweet & Sour Chicken<br>Taco Pocket<br>Tetrazzini Noodles<br>Tortilla: Flour, 8"<br>Turkey Corndog<br>Turkey & Gravy<br>Turkey Hot Dog/Bun<br>Turkey Sandwich/Bun<br>Turkey & Cheese Sandwich/Bun<br>Vegetable Fried Rice<br>Waffle Stix | Chocolate Chip Cookie               | Bagel, Whole Grain<br>Biscuit<br>Breakfast Bagel Pizza<br>Breakfast Sausage Pizza Square<br>Cereal: Apple Jacks: Wheat<br>Cheerios: Wheat<br>Choc.Mini Wheat's: Wheat<br>Frosted Flakes: Wheat<br>Honey Nut Cheerios: Wheat<br><br>Cereal Bar: Cinnamon Toast Crunch<br>Golden Grahams<br>Trix<br>Chicken Breakfast Sandwich<br>Chicken Sausage Biscuit<br>Cinnamon Graham<br>Cinnamon Roll<br>Cinnamon Tastrie<br>Egg & Cheese Flatbread<br>French Toast: Cinnamon<br>French Toast Sticks: Maple<br>Muffin: Blueberry, Cherry<br>Pancake<br>Pancake: Whole Grain<br>Pancake & Sausage on a Stick<br>Sausage Egg & Cheese Bites<br>Waffle Stix |