

September 2018

Fresh Fruit & Vegetable Snack Program

Monday	Tuesday	Wednesday	Thursday	Friday
3	4 NO SNACK	5	6 Banana	7
10	11 Rainbow Carrot Coins	12	13 Granny Smith Apple	14
17	18 Yellow Squash Coins	19	20 Peach	21
24	25 Celery Sticks	26	27 Golden Delicious Apple	28



Did you know?

Bananas contain about 75% water

Carrots were originally purple!

Peaches are harvested from June – August.