



The USDA's Smart Snacks are school nutrition standards for all foods and beverages sold or available to students during the school day. A school day is defined as 12:00 A.M. until 30 minutes after school is over. The USDA Final Rule was finalized and by June 30, 2017, all schools districts must fully comply with the requirements of the final rule.

The following lists are foods that meet the California Department of Education (CDE) Smart Snack Regulation for all grade levels. The list is NOT all inclusive. All food items are subject to change and store availability may vary. Alternative items may be available at different stores. Manufacturer's ingredients and distribution is subject to change.

If you have any questions, please contact Nutrition Education at 209-825-3200.

**Fruit Cups/Fruit Snacks**

Manufacturer	Name/Description	Serving Size	Wal-Mart	Costco	Food 4 Less	Amazon
All Brands	Individual Fruit Cups in Water or Natural Juices	1/2 cup	x	x	x	x
All Brands	Dried Fruit with No Added Sugar	1/4 cup	x	x	x	x
All Brands	Fresh Fruit and Vegetables - Individual Bags/Platters	1/2 cup	x	x	x	x
Del Monte	Fruit Cups (no sugar added)	1 cup (106g)	x	x	x	x
Dole	Fruit Cups (packed in 100% juice)	1 container (113g)	x		x	x
Go Go Squeeze	Go Go Squeeze Applesauce Pouches	1 pouch (90g)	x	x	x	x
Motts	Applesauce	1 cup (111g)	x	x	x	x
Sunmaid	Raisins	1 box (42.5g)	x		x	x
Welch's	Mixed Fruit Snacks (Made with Real Fruit)	1 pouch (25.5g)	x	x	x	x

**Chips/Crackers/Pretzels**

Manufacturer	Name/Description	Serving Size	Wal-Mart	Costco	Food 4 Less	Amazon
Frito Lay	Oven Baked Whole Grain Cheetos	0.875 oz (24.8g)	x	x	x	x
Frito Lay	Oven Baked Lay Potato Chips	0.875 oz (24.8g)	x	x	x	x
Frito Lay	Rold Gold Heartzels Pretzels	0.70 oz (19.8g)	x	x	x	x
Frito Lay	Smartfood delight White Cheddar Popcorn	0.5 oz (14g)	x	x	x	x
Frito Lay	SunChips Harvest Cheddar Snack Mix	0.875 oz (24.8g)	x	x	x	x
Keebler	Scooby Doo Graham Crackers	0.75 oz	x	x	x	x
Kellogg's	Whole Grain Cheez-It Crackers	1 each (28g)	x		x	x
Pepperidge Farm	Whole Grain Baked Goldfish Crackers	0.75 oz	x		x	x
Tostitos	Tostitos Scoops	0.87 oz	x	x	x	x

**Yogurt/Cheese**

Manufacturer	Name/Description	Serving Size	Wal-Mart	Costco	Food 4 Less	Amazon
Activia	Reduced-fat, Low-fat, or Greek Yogurt (all flavors)	1 container (113g)	x	x	x	x
Dannon	Danimals - yogurt smoothies	1 bottle (3.1 fl oz.)	x	x	x	x
Dannon	Oikos greek yogurt	5.3 oz (150g)	x	x	x	x
Frigo, Kraft, or Sargento	String Cheese	1 Stick (28g)	x	x	x	x
The Laughing cow	Babybel cheese wedge (all flavors)	1 piece	x	x	x	x
Yoplait	GoGurt (all flavors)	1 tube (64g)	x	x	x	x
Yoplait	Original or Light (all flavors)	6 oz	x	x	x	x

**Miscellaneous**

Manufacturer	Name/Description	Serving Size	Wal-Mart	Costco	Food 4 Less	Amazon
Creamsicle (Ice cream)	Original Cream Bar	1 bar (65g)	x		x	
Fudgsicle (Ice cream)	Fudge Pops (no added sugar)	2 pops (79g)	x		x	
Great Value (Ice cream)	Low-Fat Vanilla Ice Cream Sandwiches	1 sandwich (84g)	x			
Great Value / Kirkland	Whole Grain Granola Bars	0.84 oz	x	x		
Jack Links	Beef Jerky (Original, Peppered Beef, Teriyaki)	0.85 oz	x	x	x	x
Nestle (Ice cream)	Outshine Fruit Bars	1 bar (72g)	x	x	x	
Quaker	Chewy Granola Bars (Chocolate Chip, Peanut Butter, Cookies&Cream)	0.84 oz	x	x	x	x
Subway	Veggie Delite® (includes 9-grain wheat bread, lettuce, tomatoes, onions, green peppers, and cucumbers)	6 inch sandwich				
Subway	Veggie Delite® (includes 9-grain wheat bread, lettuce, tomatoes, onions, green peppers, and cucumbers)	Kid's Meal sandwich				
Subway	Black Forest Ham (includes 9-grain wheat bread, lettuce, tomatoes, onions, green peppers, and cucumbers)	Kid's Meal sandwich				
Subway	Roast Beef (includes 9-grain wheat bread, lettuce, tomatoes, onions, green peppers, and cucumbers)	Kid's Meal sandwich				
Subway	Turkey Breast (includes 9-grain wheat bread, lettuce, tomatoes, onions, green peppers, and cucumbers)	Kid's Meal sandwich				