



# FOOD & NUTRITION DEPARTMENT

## Information for Secondary Program



*You can feel good about our food!*

### SCHOOL MEAL ACCOUNTS

#### MY SCHOOL BUCKS

All students have a MySchoolBucks account established in the MBUSD database. You can also open a parent account online for your convenience at MySchoolBucks.com. From your parent portal, you can deposit funds online, setup low balance alerts, and view your children's daily purchases. DEPOSITS TAKE UP TO 24 HOURS TO APPEAR ON THE ACCOUNT

#### PRE-PAYMENTS

Parents are responsible for funding the account and keeping it from becoming overdrawn (negative). The pre-payment is used against your child(ren) purchases like a debit account. On average a \$200 deposit per month is recommended. This will pay for 28 lunches & morning meals, of course this depends on your child(ren) purchases. Students may not share an account or Id Cards

#### PRICES

Lunch cost \$4.00 and includes choice of entree, side, fresh seasonal fruit and milk. We also offer a 2nd Chance Breakfast during the morning recess. The cost is \$2.25, and includes choice of entrée, fruit or juice and milk. Students may choose from a variety of a la carte items that are whole grain, low-fat and reduced sugar as well.

#### HOW MEALS ARE PURCHASED

All Secondary School students **must** use their ID cards at all times to make their purchases. The cashier will ask to see their card to verify their identity. The purchase is charged to their account. Food can be purchased at numerous locations throughout the MBMS and MCHS campuses. All locations serve meals, beverages and a la carte items although selections may vary.

#### WHAT IS AVAILABLE?

Secondary schools offer a great variety of entrée options for students to choose from. Fresh Meal Salads; Homemade Italian Dishes; Hot Panini Sandwiches; Custom Sub-your-Way Sandwiches; Daily Asian favorites; Specialty Grilled Quesadillas; and of course a variety of pizza and grab and go items as well such as burgers and chicken bites and more.

#### NEGATIVE BALANCE POLICY

Your child will be extended credit up to three (3) lunches. After your child has reached the three lunch limit, he/she will be sent to the main office to contact you. It will be your responsibility to provide your own food OR send money with your child to pay for his/her meal on a daily basis until the negative account balance is paid off. Please note that we will NOT extend credit beyond the three (3) lunches to your child, and allow his/her account to become more negative.

If a parent/guardian is unresponsive to notifications and reminders sent out by the school district, the Food & Nutrition Department will have no choice but to offer the student a 'courtesy meal'. The cost of \$3.00 shall be charged to the student's account for each 'courtesy meal'. Courtesy meals will offered any time an account is more than \$25.00 negative for more than three weeks.

### FACTS ABOUT OUR PROGRAM

MBUSD Food & Nutrition Services (FNS), operates under strict USDA Federal and State Laws & Regulations for all meals and foods served in schools. The 'School Meal' is the most regulated meal in America.

FNS contracts with Food Safety Systems, a company that monitors the Safety and Sanitation of our kitchens and provides on-going training to our staff in these areas.

On average FNS employees have worked at MBUSD for 15 years. Some have been here for 30 years. They love serving the students and being part of their lives.

Dairy products do not contain high fructose corn syrup.

Only Whole Grain Rich products that contain a minimum of 50% Whole Grains are served.

Products containing added trans fats are not served. Nothing is fried.

We serve locally grown fresh seasonal fruit and vegetables daily.

We strive to please all tastes and palates, while serving wholesome and fresh food that is age appropriate.

Brand name items you see on the menu are formulated specifically for School Child Nutrition programs. They are not the same as the retail version that you may purchase in a store or restaurant.

All food is prepared onsite by MBUSD Food & Nutrition Services staff.

**NOTE: Compliant & Non-compliant foods, sold/served by Student/Parent Organizations for celebrations, events or fundraising may be served from one-half hour after school ends until midnight only. Otherwise foods must be pre-approved by the School District. The sale must occur after lunch period has ended. The food or beverage cannot be prepared on campus and the food or beverage item cannot be the same item sold in the MBUSD Food & Nutrition Program.**

Please refer to the:

**MBUSD WELLNESS POLICY**