

MENUS FOR MAY 2012

PRE-SCHOOL


Manhattan Beach Unified School District

This institution is an equal opportunity provider.

- Our milk & yogurt do not contain high fructose corn syrup.
- Soy milk is available, let us know if you are interested, so we can order it.
- We use whole grain products whenever possible, including waffles, cookies, crackers and snacks.
- Nothing is fried.
- Our sorbet is 100% fruit juice

FRUIT

Clementines



Clementines are small citrus fruits that kids love! They're usually seedless, and each juicy, easy-to-peel little orange contains 35 calories, a gram of fiber, and 60% of your daily vitamin C.

OF THE MONTH



Lunch:
\$3.50

Monday, May 7	Tuesday, May 8	Wednesday, May 9	Thursday, May 10	Friday, May 11
Tyson Chicken Nugget Baked Potato Wedges Mini Rice Crispy Treat Fresh Fruit Milk	Spaghetti w/Meat Balls White-W.Wheat Bread Tossed Green Salad Fresh Fruit Milk	French Toast Stix Turkey Sausage Patty Vanilla Yogurt Fresh Fruit Milk	Mini Chicken Tacos Seasoned Corn Fresh Fruit Milk	Cheese Pizza Fresh Jicama Stix Ranch Dip Fruit Sorbet Milk
Monday, May 14	Tuesday, May 15	Wednesday, May 16	Thursday, May 17	Friday, May 18
Chicken Taquitos Spanish Rice Baby Carrots & Dip Fresh Fruit Milk	Hamburger Tater Tots Tossed Green Salad Fresh Fruit Milk	Spaghetti w/Meat Balls White-W.Wheat Bread Tossed Green Salad Fresh Fruit Milk	Cheese Quesadilla Sugar Snap Peas & Dip Baked Tostitos & Salsa Fresh Fruit Milk	Cheese Pizza Fresh Baby Carrots & Celery Ranch Dip Fruit Sorbet Milk
Monday, May 21	Tuesday, May 22	Wednesday, May 23	Thursday, May 24	Friday, May 25
Baked Potato w/Fix n's & Turkey Bacon WW Dinner Roll Fresh Fruit Milk	Chicken Bagel Dog Cucumber Coins & Dip Fresh Fruit Milk	Tyson Chicken Hip Dipper Sweet Potato Stix Fresh Fruit Milk	JennieO Deli Sandwich Cucumber Circles Tiny Twist Pretzels Fresh Fruit Milk	Cheese Pizza Fresh Jicama Stix Ranch Dip Fruit Sorbet Milk
Tuesday, May 29	Wednesday, May 30	Thursday, May 31	Friday, June 1	
Grilled Cheese Sandwich Baby Carrots & Dip Mini Rice Crispy Treat Fresh Fruit Milk	Pasta w/Meat Sauce Aloha Roll Tossed Green Salad Fresh Fruit Milk	Hamburger Tater Tots Tossed Green Salad Fresh Fruit Milk	Cheese Pizza Fresh Baby Carrots & Celery Ranch Dip Fruit Sorbet Milk	

Tuesday, May 1

Orange Chicken w/Rice
Crisp Broccoli & Dip
Fresh Fruit
Fortune Cookie
Milk

Wednesday, May 2

Macaroni & Cheese
Tossed Green Salad
Strawberry Yogurt
Fresh Fruit
Milk

Thursday, May 3

Tyson Chicken Hip Dipper
Potato Smiles
Fresh Fruit
Milk

Friday, May 4

Cheese Pizza
Fresh Jicama Stix
Ranch Dip
Fruit Sorbet
Milk

Tuesday, May 8

Spaghetti w/Meat Balls
White-W.Wheat Bread
Tossed Green Salad
Fresh Fruit
Milk

Wednesday, May 9

French Toast Stix
Turkey Sausage Patty
Vanilla Yogurt
Fresh Fruit
Milk

Thursday, May 10

Mini Chicken Tacos
Seasoned Corn
Fresh Fruit
Milk

Friday, May 11

Cheese Pizza
Fresh Baby Carrots & Celery
Ranch Dip
Fruit Sorbet
Milk

Monday, May 14

Chicken Taquitos
Spanish Rice
Baby Carrots & Dip
Fresh Fruit
Milk

Tuesday, May 15

Hamburger
Tater Tots
Tossed Green Salad
Fresh Fruit
Milk

Wednesday, May 16

Spaghetti w/Meat Balls
White-W.Wheat Bread
Tossed Green Salad
Fresh Fruit
Milk

Thursday, May 17

Cheese Quesadilla
Sugar Snap Peas & Dip
Baked Tostitos & Salsa
Fresh Fruit
Milk

Friday, May 18

Cheese Pizza
Fresh Baby Carrots & Celery
Ranch Dip
Fruit Sorbet
Milk

Monday, May 21

Baked Potato w/Fix n's
& Turkey Bacon
WW Dinner Roll
Fresh Fruit
Milk

Tuesday, May 22

Chicken Bagel Dog
Cucumber Coins & Dip
Fresh Fruit
Milk

Wednesday, May 23

Tyson Chicken Hip Dipper
Sweet Potato Stix
Fresh Fruit
Milk

Thursday, May 24

JennieO Deli Sandwich
Cucumber Circles
Tiny Twist Pretzels
Fresh Fruit
Milk

Friday, May 25

Cheese Pizza
Fresh Jicama Stix
Ranch Dip
Fruit Sorbet
Milk

Tuesday, May 29

Grilled Cheese Sandwich
Baby Carrots & Dip
Mini Rice Crispy Treat
Fresh Fruit
Milk

Wednesday, May 30

Pasta w/Meat Sauce
Aloha Roll
Tossed Green Salad
Fresh Fruit
Milk

Thursday, May 31

Hamburger
Tater Tots
Tossed Green Salad
Fresh Fruit
Milk

Friday, June 1

Cheese Pizza
Fresh Baby Carrots & Celery
Ranch Dip
Fruit Sorbet
Milk