

2016-2017 ALPHA MENU

BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sausage Biscuit or Breakfast Pizza Juice Milk Offered Every Day Cereal w/ Toast Oatmeal w/Toast	Breakfast Burrito or Toaster Pastry Juice Milk Offered Every Day Cereal w/ Toast Oatmeal w/Toast	Homemade Kolache or Chicken Biscuit Juice Milk Offered Every Day Cereal w/ Toast Oatmeal w/Toast	Mini Pancakes or Breakfast Pizza Juice Milk Offered Every Day Cereal w/ Toast Oatmeal w/Toast	Cinnamon Roll or Pancake Sausage on Stick Juice Milk Offered Every Day Cereal w/ Toast Oatmeal w/Toast

FULL BREAKFAST MUST INCLUDE FRUIT OR JUICE

LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Steakfinger Nuggets/Roll Mashed Potatoes w/Cream Gravy Seasoned Green Beans or Calzone Basket or Pizza Basket or Hamburger w/Cheese Basket Lettuce and Tomato or Spicy Chicken on Bun Basket w/Pepperjack Cheese Lettuce and Tomato or Baked Potato w/Roll Sour Cream, Margarine Pat & Shredded Cheese Offered with All Meals Fresh Baby Carrots w/Dip Fresh Broccoli w/Dip Fresh or Chilled Fruit Variety Milk	Spicy Chicken Tenders or Hot Wings Offered with Both Meals Roll Mashed Potatoes w/Cream Gravy or Pizza Basket or Bacon Cheeseburger Basket Lettuce and Tomato or Asian Chicken w/Spring Roll Chow Mein Noodles/Fried Rice or Bosco Sticks Basket w/Marinara Offered with All Meals Seasoned Corn Seasoned Pinto Beans Romaine Salad w/Dressing Fresh or Chilled Fruit Variety Milk	Popcorn Chicken w/ Roll Green Peas Mashed Potatoes w/Cream Gravy or Cuban Pulled Pork on Flat Bread Basket or Pizza Basket or Hamburger w/Cheese Basket Lettuce and Tomato or Spicy Chicken on Bun Basket w/Pepperjack Cheese Lettuce and Tomato or Baked Potato w/Roll Sour Cream, Margarine Pat & Shredded Cheese Offered with All Meals Fresh Baby Carrots w/Dip Romaine Salad w/Dressing Fresh or Chilled Fruit Variety Milk	Asian Spiced Chicken Wings or Chicken Nuggets Offered with Both Meals Roll Mashed Potatoes w/Cream Gravy Lemon Broccoli or Pizza Basket or Asian Chicken w/ Spring Roll & Fried Rice or Bacon Cheeseburger Basket Lettuce and Tomato or Spicy Chicken on Bun Basket w/Pepperjack Cheese Lettuce and Tomato Offered with All Meals Corn and Black Bean Salsa Tossed Salad w/Dressing Fresh or Chilled Fruit Variety Milk	Popcorn Chicken w/ Roll Mashed Potatoes w/Cream Gravy or Tornado Ranchero Basket or Calzone Basket or Pizza Basket or Clux Delux on Bun Basket Lettuce and Tomato or Baked Potato w/Roll Sour Cream, Margarine Pat & Shredded Cheese Offered with All Meals Sugar Steamed Baby Carrots Fresh Broccoli w/Dip Fresh or Chilled Fruit Variety Milk

FULL LUNCH MUST INCLUDE VEGETABLE, SALAD OR FRUIT

